



GIVE AND GET HELP GUIDE

.....
2022-2023



**United Way
of Marathon County**





HELP LIVES HERE

Since 1995, Bridge Clinic's Mission has been to help you get the care you need, even if you don't have insurance. We offer payment plans, sliding fee discounts, and more.

Call us today at 715-848-4884 to see how we can help you.




BridgeCommunity
HEALTH CLINIC

WAUSAU

1810 N 2nd St
Medical • Dental • Behavioral Health

2620 Stewart Ave., Suite 210
Behavioral Health

bridgeclinic.org

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United Way
Volunteer Connection
Helping You Help Others

United Way of Marathon County Volunteer Connection connects volunteers and area organizations using a searchable, online database. Those without Internet access can be assisted via phone, email, or in person.

United Way Volunteer Connection
 (715) 298-5719
 Email erobinson@unitedwaymc.org
www.unitedwaymc.org

United Way
RSVP of Marathon County
Connecting Volunteers 55+ to Community Needs

A program that connects volunteers 55 and over with critical community needs and offers additional support, including personalized placement, and other benefits.

United Way RVSP of Marathon County
 (715) 298-5721
 Email skrolow@unitedwaymc.org
www.unitedwaymc.org

VOLUNTEER OPPORTUNITIES

The following volunteer opportunities are maintained by **United Way Volunteer Connection**. They reflect the local needs of area organizations throughout Marathon County. For the most up-to-date listings and contacts, visit www.unitedwaymc.org, click or hover over **Get Involved** and select **Volunteer Connection** from the drop-down menu. Once on the site, click on the blue Browsing bar or use the filter to see the current listings. You may also call United Way's 2-1-1 or email VolunteerConnection@unitedwaymc.org

Aging and Disability Resource Center of Central Wisconsin

(715) 261-6070 or (888) 486-9545
 Email adrc@adrc-cw.org
 (715)-261-6070 or 888-486-9545
 Email: adrc@adrc-cw.org
 Volunteer Opportunities

• **Meals on Wheels:**

Volunteer drivers help deliver meals to homebound older adults. Meals are picked up about 10:00 am and routes take about 1- 1.5 hours, Monday- Friday. Volunteers can deliver one day a month, once a week or a schedule that best fits their interests.

• **Meal Packaging:**

Volunteers help to package up food and get it ready to go for Meals on Wheels. Volunteers are trained in food safety. Monday- Friday starting at 8:00 am until 10:00 am.

American Red Cross

(920) 737-9974
 Email lee.borofka@redcross.org

• **Disaster Action Team**

Get Involved. Disaster Action Team (DAT) members directly help people affected by disasters ranging from home fires to tornadoes by providing food, shelter, essential relief supplies, and hope. Support disasters "behind the scenes" with planning, logistics or volunteer management.

• **Disaster Dispatch - Volunteer from Home**

Disaster response is a team effort. Disaster Dispatch is the vital link between the Red Cross and local first responders. Working remotely from home, volunteers collect the necessary information and activate the Red Cross response.

Aspirus Comfort Care

(715) 847-2424
 Email volunteers@asprius.org

• **Hospice Companionship**

Provide companionship to those in hospice either in home or facility.

• **Meal Service**

Assist with meal preparation and service.

Aspirus Wausau Hospital

(715) 847-2121
 Email volunteers@asprius.org

• **EZ Rider Driver**

Provide transportation services to patients and visitors that may require/desire assistance getting from one point to another on the first floor of Aspirus Wausau Hospital. Requires a valid WI driver's license.

• **Comfort Cart**

The Comfort Cart volunteer will provide patients with comfort items at bedside to enhance their hospital stay. Walking required.

• Visit www.aspirus.org/asprius-volunteers for more opportunities!

Big Brothers Big Sisters of

Northcentral Wisconsin

(715) 848-7207 (Wausau)
 Website www.bbbsncw.org
 Email mail@bbbsncw.org

• **Community Based Mentoring**

A child meets with an adult doing activities in the community (parks, libraries, outdoor activities, etc.) Commitment is once a week for 1-2 hours at a time.

• **School Based Mentoring**

A child meets with an adult or high school mentor doing activities right at school. (Having lunch, board games, help with homework, etc.) Commitment is once a week for 30-45 minutes at a time.

• **Office Supplies Needed**

White copy paper and stamps

Blessings in a Backpack

715-551-0371
 Email contact@bibdcewausau.org

• **Food Backpack Assembly**

Individuals or groups pack food on Tuesdays. Sign up via website.

• **Food Donations**

Healthy packaged food in individual packing for K-6 grade students.

Blood Center of

Northcentral Wisconsin, Inc.

715-842-0761
 Email: contactus@bcnwi.org

- Volunteer to host a blood drive at your organization or business
- Blood donations from volunteer donors needed to supply local hospitals

Boys & Girls Club

of the Wausau Area

(715) 845-2582
 Email maot@bgclub.com

Volunteer at any of our locations:

• **Art Volunteer (The Artist)**

Share your passions for art with our Members through activities like ceramics, drawing, art challenges, bead creations, idea art, food art, knitting, crochet, sewing and photography.

• **Games Room Volunteer (The Gamer):**

Do you have a love for games? Help in the Games Room and challenge Members in a game of pool, carpet ball, ping-pong and board games.

• **Homework Help (The Scholar):** Provide homework help in topics like science, math and English as needed.

• **Mentoring (The Mentor):** Meet one-on-one at the Club with a Member for at least one hour per week. Having steady, positive influences can serve as a major catalyst for growth in a Member's life.

• **Gym Volunteer (The Sportster):** Do you enjoy sports and being active? We are looking for some fun volunteers to engage with our Members in the gym. Participate in activities like scooter games, flag football, gaga ball, tag, volleyball, kickball, yuki ball, relays –just to name a few!

• **STEM Activities (The Engineer):** Help engage Members in STEM (Science, Technology, Engineering, & Math) hands-on programs. Problem solve, collaborate, and innovate alongside Members to challenge their thinking and lead to endless possibilities.

• **Teen Cuisine (The Chef):** Lead Members through the healthy meal making process in our kitchen space. Teach our Members skills including: reading recipes, kitchen safety, nutrition, cutting and measuring, and more.

• **Volunteer Instructor (The Leader):** Do you have a special skill or hobby you want to share with our Club Members that you don't see listed? We are always looking to provide new opportunities for our Members.

Bridge Community Health Clinic

(715) 848-4884

Email info@bridgeclinic.org

• Affordable Care Act Education and Outreach

Volunteer to help reach those in the community by teaching them how to receive affordable insurance, including where to get assistance.

• Community Garden Upkeep

Volunteer to help weed and maintain community plots.

Catholic Charities –

Wausau Office

(715) 849-3311

Email info@cclse.org

• Receptionist/Clerical Help

Greet and assist walk-in clients, answer phones and general questions using a script, make copies, or assist staff with projects and light office cleaning.

• Wausau Community Warming Center

Help provide homeless adults with a warm meal and a clean, safe place to spend the night with dignity. Open November 1–April 30.

• Donations

Donations of shoes, warm winter clothing, basic hygiene, laundry detergent and large backpacks needed.

Center for the Visual Arts

(715) 842-4545

Email info@cvawausau.org

• Art Education

Help kids learn art skills in a week-long workshop. Teachers and teachers' aides needed in summer.

• Art of Wine

Help with event set-up, act as a greeter, or pour wine at this October event.

• ChalkFest

Help with children's ChalkFest management and supervision in July.

• Gallery Greeter/Docent

Greet and interact with guests in the gallery and ensure art is treated respectfully. Train to discuss exhibits and current artists.

• More Volunteer Opportunities

Help kids learn art skills, assist customers in finding the perfect gift, make guests feel welcome in the galleries, and more.

Central Wisconsin Convention & Visitors Bureau

(715) 355-8788

Email jmaguire@visitwausau.com

• Badger State Games

Volunteers needed for Winter and Summer Badger State Games 2022-2023

• Wausau Marathon

Volunteers needed for race August 2023

• Wisconsin International Ginseng Festival

Volunteers needed September 2023

• Taste N Glow Balloon Festival

Volunteers needed July 2023

Compassus Hospice

(715) 216-8371

Email dawn.freedlund@compassus.com

• Patient Visit Volunteers

Provide socialization and presence to hospice patients and/or respite for caregivers.

• Pet Therapy Volunteers

Visit hospice patients in the area with your certified therapy dog(s). Some cats allowed.

• Veteran to Veteran Program

Celebrate and honor the service of veterans in hospice care.

• Memory Bear Sewers

Memory Bears are beautiful, handmade stuffed animals constructed from the personal clothing of hospice patients served by Compassus Hospice Services.

ECDC Multicultural Community

Center – Wausau

715-907-7084

Email: Wausauinfo@ecdcus.org

Volunteer to Help Refugee Families

- Co-Sponsorship of Refugee Individuals and Families

- Office Reception/Greeter Needed

Everest Area Special Olympics

(715) 359-9134

Email cheryl.johnsondomino@gmail.com

• Coach Track and Field Events

Assistance is needed with measuring distances, running stopwatches, setting up practices areas, and just being there to support and cheer on athletes.

• Help Athletes Make Strikes

Teach bowling skills and techniques if you are able. Come support and encourage athletes and cheer them on. Even if you have no bowling experience, saying good job or giving a high five goes a long way.

First Presbyterian Church

Wausau Free Clinic

(715) 869-4922

Email: wausaufreeclinic@gmail.com

Volunteers Needed from:

- Physicians
- PAs
- Nurse Practitioners
- Nurses
- Medical Assistants
- Receptionists
- Interpreters
- Pharmacists
- Medical Lab Technicians

Donations Needed

New (unopened) Over-the-Counter medical supplies in original packaging (e.g., Tylenol, antacids, Sudafed, Claritan) and monetary donations.

GiGi's Playhouse Wausau

(715) 370-6652

Email wausau@gigisplayhouse.org

• Program Volunteers

Lead educational and therapeutic programs that are outcome driven and offered on a consistent schedule to participants of the Playhouse. Training and support are provided through a Program Coordinator.

• Literacy Tutors

Provide one-on-one literacy tutoring once a week to an individual(s) with Down syndrome at the Playhouse utilizing one of three individual tutor labs. Training and support are provided through a Literacy Coordinator.

• Committee Members: Fundraising, Outreach & Family Relations

Serve on a committee that utilizes your skills of fundraising, event planning, or community involvement/engagement. Great opportunity to assist in fundraising and awareness for non-profit serving individuals with Down syndrome and related diagnosis in North Central WI.

• Interns

Outgoing 18 years of age or older college intern(s) with a passion for working in the social sector for a non-profit. Areas for internship include educational and therapeutic programming, outreach and community engagement and marketing.

• Volunteer Groups Welcomed

We can accommodate groups throughout the year for various projects/events.

• Handyman

Help fix things throughout the Playhouse as needed.

• Donations Needed

Arts/craft supplies, office supplies, copy paper, gift cards to local grocery stores, programming items off our wish list <https://gigisplayhouse.org/wausau/wish-list/>

Faith in Action of Marathon County

715-848-8783

Email: WausauFAinfo@gmail.com

• Volunteer Drivers:

Provide rides to and from medical appointments and grocery shopping to seniors in Marathon County.

• Grocery Delivery

Deliver food pantry items from The Neighbors Place twice a month.

• Companionship Calls

Friendly visits via phone calls or in-person visits.

• Office Support

Occasional office help needed: printing, filing, mailing, etc...

• Donations needed:

Home-made Birthday and Christmas cards, Stamps, Afghans

Girl Scouts of the Northwestern Great Lakes

(888) 747-6945

Email info@gsnwg.org

• Girl Scout Troop Volunteer

Help girls explore their interests and develop leadership. Become involved with a troop, camp, event, or travel destination.

Good News Project

(715) 843-5985

Address 1106 N. Fifth St. Wausau, WI

Email susie@goodnews.org

Website www.goodnews.org

Environmentally Focused Local Programs

• Health Equipment Lending Program (HELP)

Your connection to donate or borrow used medical equipment.

• e-CYCLING

Your resource for safely recycling outdated electronics.

Local Volunteering

• Are you interested in volunteering?

Volunteer hours are available Monday – Friday between 9am – 4pm, and occasionally for special events on weekends. Our scheduling is very flexible; you can choose to volunteer every week, once or twice a month, full days or a couple of hours. Go to our website to fill out a Volunteer Form, or stop by to pick up a paper copy. **WE CAN'T WAIT TO MEET YOU!** Here are some ways you can "Be the Good".

• e-CYCLING Environmental Help

Every Friday, volunteers are needed between the hours of 9-4 to assist with our electronics recycling program. Moderate lifting (50 lbs.) on occasion (usually team lift), unload cars, weigh electronics, and sort them into the appropriate containers.

• Health Equipment Assistance

Volunteers are needed to sanitize equipment, rotate & track inventory, fill contracts or perform general maintenance.

• Data Entry

Volunteer would assist with data entry of names, addresses etc. into excel spreadsheet or communication database, help with paperwork and filing.

• Reception & Customer Service Volunteers answer phones, file paperwork, & greet guests.

• Grounds Maintenance

Including lawn mowing, raking leaves, and help with weeding and mulching.

• Office Cleaning

Volunteer would vacuum carpets, sweep and mop floors, clean kitchen and bathrooms & dust office areas.

• Bulk Mailings

Volunteers are needed to stuff the envelopes, attach address labels, sort and count mailings a few times per year.

• Volunteer Groups Welcome

Call to make arrangement for us to accommodate your group.

• Ongoing Office Donation Needs

Postage stamps, copy paper, cleaning supplies, paper towels, & toilet paper. **THANK YOU!**

Habitat for Humanity of Wausau

(715) 848-5042

Email office@habitatwausau.org

• Habitat Store Volunteers

Prepare donated materials to be sold for store inventory and/or assist store customers.

Marathon County Child

Development Agency, INC

Head Start

Phone: 715-845-2947

Email: mccdahsinfo@gmail.com

Holiday Help

-Adopting a family in need for Christmas

-Toy donations for Christmas

Donations

Basic everyday needed items, Clothing 3T – 6T, Children's winter clothing, Gift cards for families in need of everyday needed items, Gas cards.

Preschool Classroom Volunteer

Help prepare class materials, read to children, play games, chaperone field trips, and help with classroom clean-up.

The Housing Taskforce, an initiative of United Way of

Marathon County

(715) 298-5715

Email blee@unitedwaymc.org

Humane Society of

Marathon County

(715) 845-2810

Email volunteers@catsndogs.org

• Cat Advocate

Cat advocates help to socialize and exercise our cats, as well as provide enrichment and assist in kennel maintenance. This position has a requirement of 2 hours per month and is open to anyone 18+. One child 8 years or older is also welcome to help within our cat advocate program! (Accompanied by a volunteer 18+)

• Dog Advocate

Dog advocates help to socialize, walk, and train our dogs, as well as provide enrichment, take animals on outings and to events, and assist in kennel maintenance. Volunteers must be over 18 and be prepared for a 4 hour monthly time commitment. Children must be 8+ to participate with a dog advocate (One child per one volunteer 18+).

• Small Animal Advocate

The shelter frequently sees small animals such as rabbits, guinea pigs, hamsters, and more. These furry friends benefit from socializing with our advocates as well as cage maintenance. This position has a flexible commitment and is open to anyone 16+. A

child 8 years or older is also welcome to help within our small animal advocate program! (Accompanied by a volunteer 18+)

• Housekeeping

Do you have any special skills that could benefit the shelter? We'd love to have you on our volunteer team! Lawn maintenance, handiwork, fund-raising, photography- you name it, we can use it!

IRONBULL

(715) 848-5949

Email executedirector@ironbull.org; alex@ironbull.org

<https://www.ironbull.org>

• Event Volunteers

Volunteers needed at IRONBULL events throughout the year to set up/tear down, check in racers, and assist racers at aid stations and the finish line. Upcoming events: 8/13/22, 10/1/22, 10/15/22, 1/21/23, 5/26-5/27/23."

Junior Achievement of Wisconsin –

Northcentral District

(715) 842-1056

Email lmaahs@javis.org

• Junior Achievement: The Difference is YOU!

Teach students important lessons in financial literacy, entrepreneurship, and work readiness by leading classroom activities that connect what they're learning in school to what they'll need to succeed in work and in life. Guidebook, materials, and training provided. Grades K–12 available.

Leigh Yawkey Woodson

Art Museum

(715) 845-7010

Email info@lywam.org

• A Smile Goes a Long Way

Greet visitors, provide general orientation, and answer questions. Art background not required; an outgoing nature desired.

• If Green Is Your Favorite Color & Soil Is Your Favorite Art Medium

Plant, weed, and maintain one or more of six pocket-gardens.

• Learn, Laugh, Teach, Tour

Share and learn by leading interactive tours as a museum docent; training provided.

• SPARK! Memory Loss Program

Engage individuals with memory loss in conversation and assist them with mobility issues during museum visits. Training required; no art knowledge necessary.

Marathon County Alcohol & Other Drugs Partnership

(715) 261-1931 Jenna Flynn

• Join Our Short-Term Action Teams

Issue-specific and ongoing opportunities available. Help transform our community and protect public health and safety by working to eliminate the misuse of alcohol and other drugs in Marathon County.

Marathon County Historical Society

(715) 842-5750

Email info@marathoncountyhistory.org

• Digitization Assistant:

Assist with digitizing photographs, maps and documents on a number of topics.

• Event Volunteer

Help at events throughout the year for a variety of jobs like poster distribution, give tours, or support our annual events: Antique Tea, Dolls in the Garden, Voices From the Past Cemetery Tour, and Holidays at the Houses.

• Program/Education Assistants

Assist in preparation and presentation of historical programs for students and the community.

• “Teachers” for the Little Red School House

An opportunity for you to take students back in time, follow a developed curriculum, and dress in time period costume.

• Garden Volunteers

Assist with spring cleaning and weekly garden maintenance of Yawkey Garden and Woodson History Center.

Marathon County Hunger Coalition, an initiative of United Way of Marathon County (MCHC)

(715) 298-5715

Email blee@unitedwaymc.org

• United Way of Marathon County Turkey Trot 5K Run/Walk

Assist with registration, timing, serve as a course monitor along the race route, or help with water stations Thanksgiving morning.

• Other Opportunities

The Marathon County Hunger Coalition (MCHC) has other related opportunities throughout the year. Email blee@unitedwaymc.org for more information.

Marshfield Medical Center-Weston

(715) 393-2605

Email mschvolunteers@ministryhealth.org

• Coffee Kiosk Barista

Become a barista who crafts and serves Starbucks coffee drinks and handles payments. Training provided.

• Escort/Information Specialist

Provide excellence in customer service and guidance to family, visitors, and patients seeking care.

• Gift Shop Volunteer

Assist customers, ring up sales, wrap gifts, and assist with merchandise inventory and displays.

• Surgical Waiting Room Volunteer

Assist with checking in patients, guide family members back to bay areas, and serve as a liaison between staff and family.

McLit: Marathon County Literacy

(715) 679-6170

Email mcclitofwausau@gmail.com

www.mclitofwausau.org

• Greeter

Volunteer needed to greet guests, act as office receptionist and complete office work.

• Tutor for Young Children

Tutor younger children up to age 5

• ESL Tutor

English as a second language

• Computer Literacy Tutor

Tutor people in basic computer and phone skills.

• General Tutor

Resumes and applications for jobs and housing

• Office Cleaner

Assistance cleaning the office

• Ongoing Needs

Bus tokens, postage stamps (especially before Christmas), toilet paper, paper towels, Kleenex, K-cup coffee, hot chocolate (winter), 1st and 2nd grade Kuman and Highlighter Workbooks: addition, subtraction, writing and reading, baby diapers in all sizes.

Monk Botanical Gardens

(715) 261-6309

Email: info@monkgardens.org

• Committee Member

Serve on a Gardens Committee (Events, Finance, Governance, Grounds, Human Resources, Marketing)

• Handy Person

Perfect for someone who likes to fix and build stuff. This would be an on-call position where we would call when stuff broke. We have two buildings that include bathrooms and gates that sometimes need repairs.

• Garden Maintenance Member

A special opportunity for gardeners wishing to help with weeding, pruning, planting and maintaining beds at the Gardens.

• Special Events Supporter

Contribute to the success of our many events throughout the year.

Mosinee Area Chamber of Commerce, Inc.

(715) 693-4330

Email events@mosineechamber.org

• Spring Craft Show-April

Help with set-up and take-down for this event.

• 4th of July Celebration-Always on July 4th

Celebration set-up, children’s activities, trash pickup, tear down and clean up.

• Greater Mosinee Golf Outing

At Indianhead Golf Course on the third Thursday in August. Volunteers needed for registration, raffle ticket sales & hole sitters.

• Christmas Parade & Holiday Festival

Be Santa’s Helper, help set up breakfast, staff children’s craft area and help crafters with their items, delivery lunch to vendors, and clean up.

NAMI Northwoods

(715) 432-0180

Email naminorthwoods@gmail.com

• Lend Your Talent and Skills!

Volunteers are essential to the work that NAMI does. To learn more about our volunteer opportunities, visit <https://www.naminorthwoods.org/volunteer/>

NCCAP AmeriCorps Team – Greater Wausau Area

715-849-5212

Email: sfrod1@nccapinc.com

Volunteer Opportunities

NCCAP AmeriCorps Member Service Opportunities; full-time & part-time Tutors & Mentors needed, AmeriCorps Living Allowance & Education Award to qualified individuals serving at local schools, government agencies, faith-based organizations, & non-profit organizations

The Neighbors’ Place

(715) 845-1966

Email Catherine@neighborsplace.org

• Intake Positions

Assist guests in registering and explaining policies and procedures. Training provided.

• Driver Positions

Assist in picking up food from Walmart, Sam’s Club and Target. Available Monday-Thursday mornings.

• Stockers and Personal Shoppers

Stock & organize pantry shelves, help answer client questions, and assist with shopping.

• Sewing Fun!

Help adult learners with small sewing projects (crafts, bags) and interact to improve English speaking skills.

• Volunteer Receptionist

Greet visitors, direct calls, take messages and sign-in and sign-out service workers.

• Wausau Area Empty Bowls

Design bowls, serve soup, assist with the auction, or provide entertainment at this annual fundraiser for the food pantry in November.

North Central Health Care/Mount View Care Center

(715) 848-4450 (Volunteer Office)

Email volunteer@norcen.org

• Activity Helpers

Help our activity staff by gathering residents for onsite programs or assist residents during off site programming. Hours vary: morning, afternoon, evening and weekend opportunities available.

• Gift Shop Attendants

Help residents and guests find the perfect gift. Training will be provided for the cash register. Typical hours: 9 am – Noon or Noon – 3pm

• Special Friend

Visit one on one with a resident who may not get many visitors.

• Adopt a Resident or Client

Purchase a gift at the holidays for a nursing home resident or someone served by NCHC programs that would not receive a gift from anyone else at this time of the year for Christmas.

• General Donation List

Check our wish list of needed items. Call for the list or check on our website at www.norcen.org

The Open Door of Marathon County

(715) 848-4044

Email opendoor319@gmail.com

www.opendoorofmarathoncounty.com

• Open Door Volunteers

Volunteers are much needed at Open Door! Duties include but are not limited to: signing in guests, assisting guests with locating resources, keeping a clean and tidy environment, maintaining a positive attitude in the workplace, and working as a team to achieve the goal of our organization. 3+ hour shifts between 5am-12noon M-F and 5am-10am Sat and Sun.

Patriot K9s of Wisconsin

(715) 298-1373

Email: info@patriotk9s.org

• Open Door Volunteers

Cleaning, Events, Photography/Videography, and Fosters

• Ongoing Donation Needs

Dog Treats, Poop Bags, and Cleaning Supplies

Peyton's Promise

(715) 218-4401

Email info@peytonspromise.org

• Student Advocates

Students will be trained to speak to their respective schools about the problem of hunger in our area and work with their community to stock area pantries.

• "Stock the Shelf" Event Help

Student groups set up outside local grocery stores to hand out lists of the greatest pantry

needs, then collect items or donations for the cause on customers' way out of the store.

Senior Medicare Patrol

1-888-818-2611

www.smpwi.org

Email smp-wi@gwaar.org

• **Information distributor:** Help to transport and distribute SMP information materials to various sites, kiosks, or senior centers throughout your community where information resources are made available to residences.

• **Exhibitor:** Help to staff an informational table or booth at community events such as senior resources fairs, wellness expos, health workshops, conferences, civic or faith-based organizations, food pantries, libraries, or non-profit agencies.

• **Presenter:** Give presentations about the fundamentals of SMP to small and large groups. The presentations vary in length from 15 to 60 minutes.

St. Vincent de Paul Thrift Store

(715) 298-3028

Website <http://svdpwausau.org/>

• Thrift Store Volunteers

Volunteer to assist with general donation intake, sorting, cleaning, repairing, processing and displaying of merchandise. Join the friendly volunteer and staff team when you are available.

The Community

Blood Center, Inc.

(920) 560-6630

Email jklingsberg@communityblood.org

• Blood Drive Registration Attendant

Volunteers greet donors, check donors into their appointments, explain registration process, and manage donor flow at the blood drives taking place throughout Marathon County. Volunteers must be 18+.

The Salvation Army

(715) 845-4272

Email colleen.hilber@usc.salvationarmy.org

• Support The Salvation Army

Volunteer opportunities include: Food Pantry Aide, Kitchen Assistance, Lunch Server, Dishwasher, Shelter Assistants, Youth Program Assistants, and Emergency Disaster Services

• Donations

Individually wrapped snacks, laundry soap HE, hygiene products (men deodorant, shampoo, feminine products), milk, eggs, fresh produce, meat (chicken, beef, pork, fish must be store or processing plant purchased in original packaging.)

• Relief Driver

Relief driver will assist with pick-ups, loading and unloading goods, and representing The Salvation Army out in the community. General driver's license is required, must be 18 years or older and approved via The Salvation Army

insurance company.

• Transitional Living Center Aide

Assist staff with everyday duties at our living center like helping monitor residents, bike check outs, monitoring chores, helping with clean-up after a resident check out and other duties needed. This is a position for someone who wants to help others and can commit to at least a 2- hour shift once a week. Volunteers will be role models and help make impacts on the lives of our residents. Must be over 18 years old.

• Transitional Living Center Evening Meal Assistant

Assisting with heating and serving evening meal to residents along with clean up. You would be asked to heat a prepared meal and help supervise the residents while they are in the gym and at the dinner meal. Monday-Sunday 6-8pm.

• Emergency Disaster Services Worker

Assist with the canteen when disaster strikes. Mobile Feeding unit used to support our local emergency crews on disasters. We supply hydration, food and emotional spiritual care in a time of need. Must be over the age of 18. Training will be provided and required to join the team.

• Youth Program Assistant

Help with our Youth Character building. Do you like working with kids and helping them learn about God and some basic life skills? This might be the area for you. Must be 18 years old.

• Holiday Volunteer Opportunities

A variety of holiday volunteer opportunities each year October-December. Opportunities include: Christmas Assistance Intake, Bell Ringing, Toy Shop Set-Up, Toy Shop Assistant Shopper, Emergency Gift Distribution, and clean up. Call for specific dates and times.

Stable Hands Equine

Therapy Center

Jenna (608)359-5297

Diane (715)302-2484

Email volunteer@stablehandstherapy.com

• Side Walkers

Assist participants in Therapeutic Riding Program during classes, provide support for riders. No experience needed; training provided.

• Horse Leaders

Maintain focus and control of horse during Therapeutic Riding classes. Horse experience not needed but is preferred, training provided.

• Camp Volunteer

Assist as a side walker, horse leader, with setup, lunches, or food prep.

• Facility Maintenance Volunteer

Duties include lawn mowing, weeding gardens, weed whacking and other various tasks as needed to maintain a groomed appearance of the grounds. Works in conjunction with on-site caretakers to complete tasks.

United Way RSVP of Marathon County

(715) 298-5721

Email rsvp@unitedwaymc.org

• Nurses for Blood Pressure Screenings

RNs needed to perform BP screenings, discuss results with individuals, and provide related basic education. Contact number or email above to learn if screenings have resumed.

• Respond to Community Needs

RSVP provides personalized placement assistance to help connect your talents, interests, and skills to community needs.

United Way Volunteer Connection

(715) 298-5719

Email erobinson@unitedwaymc.org

• Anytime Projects

Choose from a menu of projects that individuals and groups can do together or alone, and distribute to area agencies or schools.

• Community Closet Attendant

Help individuals in need select career clothing, at no cost, for interviews or new employment or clothing for assist with picking out clothing for their children. Accept, sort, and display donations.

• Make A Difference Day: Rake Yards

Help rake yards for neighbors who need the support. All ages welcome.

• Office Support

May include assisting staff with projects, basic data entry, mailings, inventory, organizing, and greeting guests.

• Events

Assist with planning, set up, volunteer during the event and with tear down. Various needs throughout the year.

Wausau Area Events

715-297-9531

execdir@wausauevents.org

• Event Volunteers

Volunteers needed for events throughout the year. More information here: <https://www.wausauevents.org/>

Wausau Area Mobile Meals

(715) 848-5848

Email wamobilemeals@yahoo.com

Website: wamobilemeals.com

• Mobile Meals Food Delivery Volunteer

Deliver noon-time meals to those unable to prepare meals for themselves. Weekly commitment or serve as a substitute. Teams or companies are welcome to take a route.

Wausau & Marathon County Parks, Recreation, & Forestry

(715) 261-1550

Email parkforestry@co.marathon.wi.us

• Adopt-A-Park

Select a park to visit every two weeks and

report observed problems or damages so that the Parks Department can respond quickly.

Wisconsin Association for Talented and Gifted (WATG)

715.574.6482

Email: watg@watg.org

• Volunteer Needs

- Board Members
- Google Ad Grant for Non-Profits Help

Judicare Legal Aid

(715) 842-1681

Email: mediation@judicare.org

• Judicare Mediators

Get trained with the Marathon County Judiciary. Assist in settling disputes ranging from housing, small claims, and family matters before it enters the court system.

The Women's Community

(715) 842-5663

Email allie@WomensCommunity.org

• Volunteer Receptionist Needed

Help out on weekdays at our reception desk

• Volunteer to be a Shelter Advocate

Join our volunteer team and become a Shelter Advocate! Answer phones, assist residents, play with kids, and provide extra support to families.

• Become a Hospital Advocate Volunteer

Respond to hospital Emergency Departments on an on-call basis. Support people during a forensic exam or interviews with law enforcement. Also support family members or significant others. Training required.

• Donations Needed

Toiletries, cleaning products, food, new towel sets, new sheet sets (twin and full), new comforters (twin and full), women's and children's new socks and underwear (all sizes), women's bras (all sizes), seasonal (current) clothing.

YMCA

(715) 845-2177

Website <https://www.woodsonymca.com>

• Community Garden

Would you like to serve our community while enjoying the outdoors? Grow the Y's mission during the Woodson YMCA Community Garden growing season

• Events

Volunteer with our Y staff on various special event needs.

• Youth Lobby

Work with children in our Youth Lobby, playing games, helping with homework, and keeping them engaged.

• Youth Sports

Coaches and team parents are needed for all sports seasons. Sports include soccer, basketball, and football.

• Camp

Perform spring prep work for summer camps or season clean-up. Bring positive energy as you lead children in day camp as a junior counselor (ages 14-17).

• Childcare

Mini-Care allows parents to work on their health while knowing their children are in good hands. Assist our staff by engaging with children in our drop-in childcare facilities. Minimum age of 18.

YWCA

715-842-3381

Email samwederath@ywcaausau.org

• Support the YWCA

Volunteers needed for administrative help, events, and event committees.

• Donations

Yarn needed for knitting club projects.

Learn more at <https://www.ywcaausau.org>

UNITED WAY COMMUNITY CLOSETS



United Way
Career Closet

The Career Closet serves anyone in need of clothing for interviews or new employment. Individuals may receive outfits at no cost to help them obtain a job or begin their new career wardrobe. Call United Way to learn the hours of operation.



United Way
Boots to Work

Steel toe boots for new employment are available through the Boots to Work program. Proof of employment and a completed voucher from a referring agency are needed to receive one pair of new or gently used steel toe boots.



United Way
Rebecca's Closet

Rebecca's Closet provides new and gently used clothing for children. Contact United Way for updated hours or check out the website for more details.

Visit www.unitedwaymc.org or call 715-848-2927 to learn more about these services.



Marathon County

Free, Confidential Information & Referral Service, 24 Hours/Day, 7 Days/Week.

United Way's 211 provides comprehensive information and referral service, connecting people with community resources to help meet their needs. Information is available by phone, online, and in print.

Dial 211 or (715) 848-2255 or toll-free (800) 922-5590

Email askus@unitedwaymc.org

Search online at:
www.unitedwaymc.org/211

Text 898211 Monday-Friday 8am-4pm

Chat Monday-Friday 8am-12 Noon

ABUSE (ADULTS AND CHILDREN)

Adult Protective Services

(715) 841-5160
(855) 487-3338 Toll Free
www.norcen.org

APS investigates concerns of adults at risk including elder abuse and vulnerable adults, through North Central Health Care. This includes reports of suspected abuse or neglect, self-neglect, and financial exploitation.

Child Advocacy Center of North Central Wisconsin

(715) 848-8600
www.chw.org

Child-focused location that provides comprehensive services in the form of forensic interviews, advocacy services, and coordination of specialized medical exams.

Human Trafficking Hotline

(888) 373-7888
www.humantraffickinghotline.org
Connects victims and survivors of sex and labor trafficking with services and supports to get help and stay safe. Operates 24 hours/day.

Juvenile & Sensitive Crimes Unit-- Marathon County

Sheriff's Department

(715) 261-1200, or
9-1-1 (Emergencies only)
www.marathoncountysheriff.org
Call to report child abuse/neglect, elder abuse, sexual assaults, domestic violence, juvenile offenses, truancy and other crimes of a sensitive nature involving individuals of any age.

Marathon County

Protective Services

(715) 261-7556
www.co.marathon.wi.us/departments/socialservice.aspx
Receives and responds to reports of alleged maltreatment of children. Also takes reports regarding sex trafficking of a child.

SAFE Program-Stopping

Abuse for Everyone

(715) 675-3458
www.peacefulsolutions.org
Help for men and women who are physically or emotionally abusive with their partners, with goals of taking responsibility and stopping abuse, through Peaceful Solutions Counseling.

The Women's Community

(715) 842-5663 (Office)
(715) 842-7323 (24-hour support line)
(888) 665-1234 (Toll-free)
www.womenscommunity.org
Provides individual supportive advocacy, support groups, legal advocacy, criminal justice support, assistance in restraining orders, assistance with finding safe and affordable housing, bilingual services, and emergency shelter for victims of domestic violence, sexual abuse, stalking, and human trafficking, and their children. Serves all genders and ages.

ADDICTIONS

Al-Anon/Alateen

(888) 425-2666
<http://area61afg.org/>
Group meetings help families and friends of alcoholics recover from the effects of living with a relative's or friend's problem drinking. Alateen specifically targets youth whose lives have been affected by alcoholism in a family member or close friend.

Alcoholics Anonymous

(715) 503-0880 AA Hotline
www.area74.org
Provides group meetings for those struggling with an alcohol addiction. Both open and closed meetings are available.

ATTIC Correctional Services Center

(715) 848-3202
www.correctionalservices.org
Department of Correction's AODA and corrective thinking treatment center for those who are incarcerated, on probation, or on parole. Also provides alcohol and drug outpatient services through ACS Clinical Services.

Celebrate Recovery

(715) 409-3506
Provides a Christian-based 12 step program to help individuals overcome drug and alcohol addiction, through Bridge Street Mission.

Choices

(715) 675-3458
www.peacefulsolutions.org
A comprehensive program for teens who are experiencing problems with alcohol and drugs. Includes family, individual, or group therapy, and works to prevent and reduce the use of alcohol and drugs, at Peaceful Solutions Counseling.

Crisis Intervention

(715) 845-4326
(800) 799-0122 Toll Free
www.norcen.org
Provides crisis intervention services 24 hours/day, 7 days/week to those with substance abuse issues.

Courage to Change Recovery

(715) 223-0480
Offers adult, adolescent and family AODA treatment, in Abbotsford.

Gamblers Anonymous

(715) 297-5317
www.gamblersanonymous.org/ga
Meets to provide self-help and support for individuals looking to overcome gambling.

LifePoint Syringe

and Narcan Access

(800) 359-9272
<https://viventhealth.org/>
Provides free sterile syringes, Narcan training and distribution, and Fentanyl test strips.

Narcotics Anonymous-

North Central Wisconsin Area

(920) 232-9615
<https://www.wisconsinna.org>
Offers recovery from the effects of drug addiction through working a 12-step program. Call or check website for current information about local meeting times and places.

Outpatient Substance Abuse & Addiction Services

(715) 848-4356 (Registration)
www.norcen.org

Provides outpatient treatment for substance abuse and addictions, through North Central Health Care. Group, family, or individual programs are offered for all ages.

Overeaters Anonymous

(715) 212-0413
www.oa.org

Support group for adults who have an addiction to food and want to stop the problem.

Peaceful Solutions Counseling

(715) 675-3458
www.peacefulsolutions.org

Offers a variety of programs for adolescents and adults struggling with alcohol and other drug addictions.

Smart Recovery

(440) 951-5357
www.smartrecovery.org

Helps people recover from all types of addictive or self-destructive behaviors including: alcoholism, drug abuse, and addiction to other substances and activities.

Wausau V.A. Community Based Outpatient Clinic

(800) 872-8662 (Tomah for intake and referral)
Offers individual AODA and mental health counseling for veterans, at the Wausau V. A. Medical Clinic.

Wausau Comprehensive Treatment Center

(888) 650-5781
www.wausauctc.com
Provides methadone maintenance, subutex, Vivitrol, or suboxone treatment for opiate addictions.

Wisconsin Tobacco Quit Line

(800) 784-8669 (English)
(877) 266-3863 (Spanish)
www.quitline.wisc.edu

Free telephone counseling for Wisconsin tobacco users who want to quit.

ADOPTION & FOSTER CARE

Catholic Charities Adoption Services

(715) 849-3311 ext. 1721, or
(866) 849-3311
www.cclse.org

Provides adoption services including domestic or foreign-born children, and related or non-related children.

Lutheran Social Services

Adoption Services

(715) 849-344
www.lsswis.org
Offers adoption preparation and finalizations for families and children coming out of the foster care system.

Lutheran Social Services Foster Care Services

(888) 746-2850
www.lsswis.org
Offers treatment foster care services for children who have mental illness, behavioral disorders, family issues, alcohol and other drug abuse issues, developmental disabilities or other challenges.

Wisconsin Adoption and Permanency Support Program

(715) 849-3311
www.parc.cclse.org
Provides referrals to adoption-sensitive counselors, support groups, special events and educational opportunities for adoptive parents, through Catholic Charities.

AIDS/HIV

Healthfirst Network

(800) 246-5743
www.healthfirstnetwork.org
Offers HIV education, information and testing.

Needle Exchange Program

(800) 359-9272
www.viventhealth.org
Program to prevent HIV infection and AIDS in injection drug users by providing clean needles or syringes in exchange for used ones. Program includes HIV prevention education, overdose training, and testing through Vivent Health.

Vivent Health (formerly AIDS Resource Center of WI)

(715) 355-6867
www.viventhealth.org
Provides services for people with or affected by HIV/AIDS such as case management, support group, food pantry, and education and prevention services.

ALCOHOL & DRUG ABUSE see ADDICTIONS

ANIMAL SERVICES

Humane Society of Marathon County

(715) 845-2810
www.catsndogs.org
Provides surrender and adoption services for domestic animals. Accepts reports of lost animals and inquiries about strays.

New Life Pet Adoption Center

(715) 443-6699
www.nlpac.com
A surrender-only, no-kill animal adoption center for pets that can be adequately cared for by staff at facility and for which adoptive parents can be found.

Northwoods Wildlife Center

(715) 356-7400 (Minocqua)
www.northwoodswildlifecenter.com
Provides rehabilitation care for injured wildlife and educational programs on Wisconsin native wildlife.

Raptor Education Group

(715) 623-4015 (Antigo)
www.raptoreducationgroup.org
Provides care and rehabilitation for injured or orphaned raptors and other native wild birds. Also provides wildlife education.

BUDGET COUNSELING See FINANCIAL COUNSELING

BUSINESS ASSISTANCE

Business and Industry

(715) 803-1375
<https://www.ntc.edu/workforce-training-professional-development>
Works to develop the local workforce through technical assistance and customized training for business and industry; professional development seminars, workshops, and conferences; and facility rentals on Northcentral Technical College Wausau campus.

Entrepreneurial and Education Center

(715) 848-2016
www.growingyourbusinesswausau.com
Offers business start-up assistance and rental space for applicable start-ups. Certified kitchen available for start-up use.

Greater Wausau Chamber of Commerce

(715) 845-6231
www.wausauchamber.com
Business services include leadership programs, business networking programs, local economic development, and workforce development programs.



Top 10 Reasons **YOU** Should Contact **211**

10. Your daughter needs counseling that you can't afford
9. You're afraid your utilities will be disconnected soon
8. Your aging parents want to live independently but need some help
7. Your landlord isn't making repairs and you want to know what your options are
6. You struggle to pay for child care every month
5. You want to volunteer, but aren't sure how to get started
4. You need to find a food pantry that's on a bus line
3. Your child needs peer support and a positive environment
2. You aren't sure how you're going to pay the rent this month
1. **Because United Way's 211 is here for you, 24/7 connecting you to programs and services that help**

To learn more about United Way of Marathon County and programs that can help you, go to www.unitedwaymc.org



Hmong Wisconsin Chamber of Commerce

(715) 298-6071
www.hmongchamber.org
Provides financial resources and business consultation to those who are interested in starting their own business and/or for current business owners looking to expand.

MCDEVCO

(715) 298-0084
www.mcdevco.org
Economic development services for Marathon County includes: GAP financing; business, education, and economic development programs; and identifying financial resources to launch and grow businesses.

Small Business Administration

(414) 297-3941 (Milwaukee office)
www.sba.gov/offices/district/wi/milwaukee
Assists, counsels, and protects the interests of small businesses, including offering loans.

Small Business

Development Center

(715) 346-3838
www.uwsp.edu
Offers no cost confidential advisory and resources as well as fee based workshops to both start up and existing businesses, through UW-Stevens Point.

Wisconsin Housing & Economic Development Authority (WHEDA)

(800) 628-4833
www.wheda.com
Small Business Financing Programs offer loans and guarantees for small businesses and agribusinesses.

CHEMICAL DEPENDENCE

See ADDICTIONS

CHILD CARE ASSISTANCE

Childcaring of Central WI

(715) 841-9490
www.childcaring.org
Helps parents choose regulated child care that will meet their families' needs, and in some cases can provide financial assistance for child care.

Marathon County Department of Social Services

(888) 445-1621 (to apply by phone)
(715) 261-7500 (Social Services)
access.wisconsin.gov
Provides child care financial assistance for eligible families in Marathon County that are in work or work-related activities.
Young Star Website
https://dcf.wisconsin.gov/youngstar

Regulated child care providers are evaluated by the Dept. of Children and Families based on their education, health and well-being practices. Parents can also search for providers in their area.

CHILD & YOUTH SERVICES

4-H

(715) 261-1230
www.marathon.extension.wisc.edu/4h/
Leadership and educational activities for youth, through UW-Extension.

Aspirus YMCA

(715) 841-1850
www.woodsonymca.com
Offers exercise and aquatic programs that help youth build a healthy spirit, mind and body.

Babysitter Training

(800) 733-2767
www.redcross.org
Online courses in the basics of babysitting for youth, offered by the American Red Cross.

Babysitting Workshops

(715) 842-3381
www.ywca.org/wausau
Workshops to train young babysitters at the YWCA.

Big Brothers Big Sisters of Northcentral Wisconsin

(715) 848-7207 (Wausau)
www.bbbsncw.org
Adult/child mentoring program for children that need a positive adult role model. Mentoring can take place at school or in the community.

Boy Scouts of America—

Samoset Council

(715) 355-1450
www.samoset.org
Provides citizenship and character building activities, physical fitness, and leadership training for youth ages 7-20.

Boys & Girls Club of the Wausau Area

(715) 845-2582
www.bgclub.com
Offers programs in Good Character and Leadership, Healthy Lifestyles, Academic Success, and Workforce Development for grades 3-12. Services offered in Wausau, at the Greenheck Field House, and D. C. Everest Middle School.

Center for the Visual Arts

(715) 842-4545
www.cvawausau.org
Offers art classes and workshops for children and adults, and exhibit galleries for local and regional artists.

D. C. Everest

Community Services

(715) 359-6563
www.dce.k12.wi.us/greeneheckfieldhouse
Offers a variety of recreational opportunities for all ages at the Greenheck Fieldhouse.

Generation 180 Program

(715) 842-5683
www.highlandcommunitychurch.com
Program provides large and small group activity, hang-time, games, and other activities for students in grades 6-12 at Highland Community Church.

Girl Scouts of the

Northwestern Great Lakes

(888) 747-6945
www.gsnwgl.org
Organization for girls to develop courage, confidence, and character.

Hopeline – Text Crisis Line

741741 – Text Short Code
www.centerforsuicideawareness.org/hopeline/
Text-based emotional support line available 24/7 for any type of challenge or struggle.

For every challenge we face there is a solution.

Licensed - Professional - Confidential

Individual, couples, family and group therapy also Alcohol and Drug Assessment and Treatment

Peaceful Solutions Counseling

**731 North First Street
Suite 5000, Wausau
715-675-3458**

Branch office in Merrill • 715-675-3458

Most insurances and M.A. accepted, Sliding fee available for those who qualify.

www.PeacefulSolutions.org

65399

Spencer Kids Group

(715) 659-4969

Provides supervised activities, homework help, and a meal for students ages 6-18 in the Spencer area.

Wausau and Marathon County Parks, Recreation and Forestry Department

(715) 261-1550

www.co.marathon.wi.us/parks.asp

Provides parks, recreational activities, sports programs for youth, and educational programs for all ages.

Woodson YMCA

(715) 845-2177

www.woodsonymca.com

Offers exercise and aquatic programs that help youth build a healthy spirit, mind and body. Financial assistance and scholarships are available.

Youth Development

(715) 845-4272

www.sawausau.org

After school program and character building, at The Salvation Army.

YWCA

(715) 842-3381

www.ywca.org/wausau

Offers activities and programming designed for girls' and women's personal growth and enrichment.

CONSUMER PROTECTION

Better Business Bureau Serving

Wisconsin

(800) 273-1002

www.bbb.org/wisconsin

Processes complaints against, and provides information for, companies and charities nationwide.

Consumer Protection Hotline

(800) 422-7128

www.datcp.wi.gov

State consumer protection agency handles consumers' and businesses' questions and complaints regarding unfair business practices.

Do Not Call List

(888) 382-1222 (National)

www.donotcall.gov

Note: Wisconsin is now using the federal Do Not Call list. Numbers registered on the former Wisconsin No Call List have been transferred to the federal list. Registration is permanent—no need to re-register every two years.

CRISIS INTERVENTION

NOTE: In a police, fire or medical emergency, call 9-1-1.

Crisis Line

(715) 845-4326 or (800) 799-0122

24 hours/day

www.norcen.org

Suicide and crisis intervention, a mobile crisis team, and confidential telephone counseling, through North Central Health Care.

Critical Incident Stress Services of Wausau

(715) 848-8444, 24 hours/day

www.co.marathon.wi.us

Helps governmental agencies, businesses, and organizations recover from stress reactions caused by a traumatic event and prevent post-traumatic stress.

Hopeline – Text Crisis Line

741741 – Text Short Code

www.centerforsuicideawareness.org/hopeline/

Text-based emotional support line available 24/7 for any type of challenge or struggle

Lifeline Personal Emergency Response

(715) 847-2781 (Aspirus)

Program that permits people who are elderly or disabled to summon help 24 hours/day, by pushing a button on a small pendant or wristband.

The Women's Community

(715) 842-5663 (Office)

(715) 842-7323 (24-hour support line)

(888) 665-1234 (Toll-free)

www.womenscommunity.org

Emergency shelter and crisis intervention for victims of domestic abuse, sexual assault, human trafficking, stalking, and their children. Support groups, advocacy, and other specialized services are provided.

Trans Lifeline

(877) 565-8860

www.translifeline.org

Provides 24/7 peer counseling and support for transgender people experiencing a crisis and/or struggling with their gender identity.

Trevor Lifeline

(866) 488-7386 or Text "START" to 678-678

www.thetrevorproject.org

Operates a 24-hour crisis and suicide prevention helpline for lesbian, gay, bisexual, transgender, and questioning (LGBTQ) youth.

Veterans Crisis Line

(800) 273-8255 ext. 1, or 838255 (Text)

www.veteranscrisisline.net

Connects Veterans in crisis and their families and friends with confidential support 24 hours/day.

CULTURAL OPPORTUNITIES

NOTE: To learn more about cultural opportunities in your area of interest, call United Way's 211 any time, day or night.

Dial 211 or (715) 848-2255 or toll-free (800) 922-5590

Email askus@unitedwaymc.org

Search online at: www.unitedwaymc.org/211

Text 898211 Monday-Friday 8am-4pm

Chat with a specialist Monday-Friday 8am-12 Noon

Center for the Visual Arts

(715) 842-4545

www.cvawausau.org

Offers art classes and workshops for children and adults, and exhibit galleries for local and regional artists.

LuCille Tack Center for the Arts

(715) 659-4499

www.lucilletackcenter.com

Community arts center brings professional musical, theatrical and dance performances to the Spencer area.

Performing Arts Foundation

(715) 842-0988

www.grandtheater.org

Stages live performances at Wausau's Grand Theater throughout the year.

Wausau Conservatory of Music

(715) 845-6279

www.wausauconservatory.org

Offers music lessons, group ensembles and classes for students of any age and ability.

Wausau Events

(715) 297-9531

www.wausauevents.org

Coordinates special events in Wausau.

Wausau/Central Wisconsin

Convention and Visitors Bureau

(715) 355-8788 or (888) 948-4748

www.visitwausau.com

Provides information about area attractions and events and publishes an online Events Calendar.

Woodson Art Museum

(715) 845-7010

www.lywam.org

Offers permanent and changing art exhibits, specializing in art of the natural world. Also offers special programs for children and families.

Yawkey House Museum

(715) 842-5750

www.marathoncountyhistory.org

The Marathon County Historical Society operates this fully restored historical museum. Guided individual and group tours are available.

DAY CARE

See CHILD CARE ASSISTANCE

DISABILITIES

See PEOPLE WITH DISABILITIES

DISASTER RELIEF

American Red Cross

(877) 618-6628

www.redcross.org

Provides disaster relief in the form of emergency shelter, clothing, food, and other immediate disaster-related emergency needs for individuals affected by fire, tornado, flood, or any natural or man-made disaster event.

Catholic Charities

Disaster Relief Funds

(715) 849-3311 or (866) 849-3311

www.cclse.org

Provides assistance with food vouchers, clothing vouchers, insurance deductibles, temporary housing and relocation expenses for individuals affected by fire, tornado, flood, or any natural disaster event.

Marathon County

Farm Service Agency

(715) 848-2330

www.fsa.usda.gov/wi

Farm Disaster Assistance programs provide financial assistance to producers of non-insurable crops when low yields, loss of inventory, or prevented planting occurs due to natural disasters.

Marathon County Office of Emergency Management

(715) 261-1229

[www.co.marathon.wi.us/Departments/
EmergencyManagement.aspx](http://www.co.marathon.wi.us/Departments/EmergencyManagement.aspx)

Coordinates emergency preparedness and disaster recovery operations for County government.

The Salvation Army

(715) 845-4272

(715) 845-6583 (After-hours hotline)

www.sawausau.org

Provides material assistance of food, clothing and shelter to eligible individuals in an emergency or in a disaster situation.

EDUCATION

See SCHOOLS & COLLEGES

ELDERLY

See SENIOR SERVICES

EMERGENCY SHELTER

Community Warming Center

(715) 849-3311 ext. 1729 (Catholic Charities)

www.cclse.org

Overnight shelter during the winter months (November – April) for adults age 18 and older who do not have a warm place to stay.

Crisis Stabilization

(715) 845-4326 or (800) 799-0122

www.norcen.org

North Central Health Care offers a short-term, non-medical crisis stabilization program that provides one-on-one support 24 hours/day. A youth crisis program is available for adolescents.

Hillcrest House

(715) 298-5053

Transitional home for teens age 12-17 who are experiencing homelessness for a variety of reasons, including runaways, through Keep Area Teens Safe (KATS).

The Salvation Army Transitional Living Center

(715) 845-6583

www.sawausau.org

Community shelter and support for local homeless population. Offers case management, employment assistance, and computer training.

Women's Community

Safe Shelter

(715) 842-5663 (Office)

(715) 842-7323 (24-hour support line)

www.womenscommunity.org

Emergency shelter for victims of domestic abuse, sexual assault, human trafficking, stalking, and their children. Support groups, advocacy, and other specialized services provided. Serves all genders and ages.

EMPLOYMENT & TRAINING

Career Connection Area

(715) 261-7230

www.mcpl.us/research/jobs

Offers resources for job seekers which include dedicated job computers, job/career books and A/V items for check-out, free computer classes, and reference assistance at the Marathon County Public Library in Wausau.

College Prep Center

(715) 803-1152

www.ntc.edu

Offers basic education and job seeking skills instruction for adult learners to help them obtain or retain a job, at NTC.



Childcaring
Central WI Early Education Resources
Your Local Child Care Resource & Referral Agency

**Looking for child care?
Interested in providing child care?**



1-800-628-8534
www.childcaring.org

Serving: Adams, Clark, Langlade, Lincoln, Marathon, Marquette,
Portage, Taylor, Waushara, and Wood Counties

 Find us on
Facebook

Employment Complaint Process

(715) 261-8747

A Complaint Specialist at Job Service answers questions regarding employment issues or concerns, provides complaint forms, and processes employment-related complaints.

FoodShare Employment & Training Program

(715) 203-0834

www.myfset.net

Employment and training program for FoodShare recipients helps people gain access to employment by increasing skills, overcoming barriers, and receiving supportive services.

Job Center of Wisconsin

(715) 261-8700

www.JobCenterofWisconsin.com

Provides the following employment services:

*Job search assistance

*Job skills training

*Dislocated Worker

*Division of Vocational Rehabilitation (DVR)

*WIOA Youth Employment & Training

*WIOA Workforce Innovation & Opportunity

*Online job search

*Assist employers recruit qualified applicants

Job Corps Admissions and Placement

(800) 733-5627

<http://milwaukee.jobcorps.gov>

Offers vocational training and guidance, and job placement assistance, for qualifying 16 – 24 year-olds.

Labor Standards Bureau, Wisconsin

Department of Workforce Development

(608) 266-6860 (Madison)

http://dwd.wisconsin.gov/er/labor_standards/

Administers Wisconsin rules on minimum wage, overtime pay, breaks, and minor employment.

NCCAP AmeriCorps Team

Greater Wausau Area

(715) 849-5212

www.northcentralcap.org

Participants work for a year in local agencies and schools to address human service needs.

North Central Health Care

Vocational Services-Community Services

(715) 841-5172

www.norcen.org

Helps people with mental, cognitive, learning, and physical disabilities enter the labor force, and provides follow-up and support.

Senior Training & Employment

(920) 593-3557

www.curativeconnections.org

A "stepping stone" program to help income-eligible seniors age 55 and older gain employment.

Unemployment Insurance

(414) 435-7069 (Claim Specialist)

www.my.unemployment.wisconsin.gov

Provides payments, based on work, to eligible workers who are temporarily unemployed.

Wage/Hour Division, U.S.

Department of Labor

(866) 487-9243

www.dol.gov/whd

Enforces federal minimum wages, overtime and child labor laws.

Wisconsin Works Program (W-2)

(855) 733-1311 (Forward Service Corp)

www.fsc-corp.org

Offers employment services and training to help eligible residents get and keep employment while earning monthly payments based on program participation.

Workers Compensation

(608) 266-1340 (Madison)

www.dwd.wisconsin.gov/wc

Provides payment of reasonable medical expenses and compensation for lost wages resulting from work-related injuries or disabilities.

FAMILY CAREGIVER EDUCATION

NOTE: To learn more about cultural opportunities in your area of interest, call United Way's 211 any time, day or night.

Dial 211 or (715) 848-2255 or toll-free (800) 922-5590

Email askus@unitedwaymc.org

Search online at: www.unitedwaymc.org/211

Text 898211 Monday-Friday 8am-4pm

Chat with a specialist Monday-Friday 8am-12 Noon

Alzheimer's Association of Wisconsin

(800) 272-3900 (24 Hour Hotline)

www.alz.org/wi

Provides educational and supportive resources aimed at meeting the needs of families involved in the care of someone with Alzheimer's Disease and related dementias. Services include advocacy, public awareness and understanding, support groups, and a 24-hour hotline for people in need of support related to Alzheimer's or dementia.

Powerful Tools for Caregivers

(715) 261-6070 or (888) 486-9545

www.adrc-cw.org

Educational workshops designed to help family caregivers learn how to reduce feelings of stress, balance lives, make difficult decisions, and communicate effectively, through the Aging & Disability Resource Center.

FARMERS MARKETS

NOTE: To learn about Farmer's Markets in Marathon County, call United Way's 211 any time day or night.

Dial 211 or (715) 848-2255 or toll-free (800) 922-5590

Email askus@unitedwaymc.org

Search online at: www.unitedwaymc.org/211

Text 898211 Monday-Friday 8am-4pm

Chat with a specialist Monday-Friday 8am-12 Noon.

FARMERS' RESOURCES

Farmland Preservation Program

(715) 261-6000

[www.co.marathon.wi.us/Departments/](http://www.co.marathon.wi.us/Departments/ConservationPlanningZoning/)

[ConservationPlanningZoning/](http://ConservationPlanningZoning/FarmlandPreservation.aspx)

FarmlandPreservation.aspx

Offers state income tax credits to local landowners and farmers who participate in programs to preserve farmland, through the Marathon County Conservation, Planning & Zoning Department.

Hazardous Waste Program

(715) 446-3101

www.marathoncountysolidwaste.org

Disposes of agriculture-related chemicals.

Call this number to pre-register with the Marathon County Solid Waste Department.

Marathon County Farm

Service Agency (FSA)

(715) 848-2330

www.fsa.usda.gov/wi

Offers agricultural credit to farmers, including emergency loans, farm ownership loans, and farm operating loans.

UW-Madison Extension, Marathon County

(715) 261-1230

<http://marathon.uwex.edu>

County Agents offer programs in farm and business management, genetics, using sustainable practices, and provide information to help farmers use cover crops to improve production systems and minimize soil loss.

Wisconsin Farm Center

(800) 942-2474

www.farmcenter.wi.gov

Provides free financial planning, as well as mediation to resolve farming-related disputes for farmers, through the Wisconsin Department of Agriculture.

Wisconsin Farm Center

Counseling Voucher Program

(800) 942-2474

www.farmcenter.wi.gov

Makes cost-free, confidential behavioral health counseling available to Wisconsin farm families and farm workers experiencing stressful times, through local mental health providers in collaboration with the Wisconsin Farm Center.

Wisconsin Housing & Economic Development Authority

(WHEDA)

(800) 334-6873

www.wheda.com

Agricultural Financing Programs include CROP loans, and loans to help farmers who want to start, expand, or modernize their operations.

NOTE: For more information about help for farmers in distress, call United Way's 211 any time, day or night.

Dial 211 or (715) 848-2255 or toll-free (800) 922-5590

Email askus@unitedwaymc.org

Search online at: www.unitedwaymc.org/211

Text 898211 Monday-Friday 8am-4pm

Chat with a specialist Monday-Friday 8am-12 Noon.

FINANCIAL/BUDGETING COUNSELING

Catholic Charities – Saint

Lawrence Community Services

(715) 849-3311 or (866) 849-3311

www.cclse.org

Families and individuals receive an evaluation of their financial situation, develop a plan, and participate in financial counseling.

Get Smart Wausau

www.facebook.com/getsmartwausau

A volunteer group working to bring free or low-cost financial education to the Greater Wausau area.

Greenpath Financial Counseling

(800) 550-1961

www.greenpath.com

Offers free financial and budget counseling. Other services include student loan, housing, and bankruptcy counseling and may have a fee.

Project Step Up

(715) 849-3311

Provides family mentoring, case management and financial literacy for families seeking greater financial stability, through Catholic Charities.

NOTE: Local schools and colleges sometimes offer consumer finance courses. Call or log on for current schedules and fees.

Northcentral Technical College

(715) 675-3331

www.ntc.edu/

University of Wisconsin-

Stevens Point at Wausau

(715) 261-6294

www.uwsp.edu/wausau/community/conted/pages/default.aspx

FOOD ASSISTANCE

Athens Circle of

Joy Food Pantry

(715) 257-7659

Provides food for residents of Athens School District. Distributes the 2nd and 4th Sunday 11:30am-1pm at St. Anthony's Catholic Church.

Café 60

(715) 261-6070 or (888) 486-9545

www.adrc-cw.com

Provides elderly residents in rural Marathon County with meal coupons to use in local participating restaurants that will help meet their nutritional needs, through the Aging & Disability Resource Center.

Community Action

Partnership (CAP)

(715) 241-7335 ext. 3

www.christcc.com

Distributes both fresh and non-perishable food every other Friday 2-4pm at Ministry of Christ Community Church.

Community Center of Hope

Food Pantry

(715) 693-7145

www.cchope.net

Community food pantry for southern Marathon County residents in need. Distributes Tuesday 2:30-4:30pm; and Thursday 9-11am.

Community Garden

(715) 845-1966 (The Neighbors' Place)

www.neighborsplace.org

Public garden plots in Wausau can be adopted by service organizations or community members. A percentage of items grown in gardens are donated to The Neighbors' Place food pantry.

Community United Pantry (CUP)

(715) 223-2166

Food pantry for Colby, Curtiss, Abbotsford and Dorchester residents in an emergency, Tuesday 9-11am at Zion Lutheran Church.

Covenant Food Pantry

(715) 359-6467

www.covenantcommunitypc.org

Provides emergency food for area families in need. Distributes the 2nd and 4th Wednesday of the month from 3-5pm, at the Covenant Community Presbyterian Church in Schofield.

Edgar Circle of Joy Food Pantry

(715) 352-2532 or (715) 443-6168

Offers emergency food for residents in Edgar and Marathon City areas, the 1st Wednesday of the month 9-11am and 3rd Wednesday from 2-4pm, at Edgar Village Hall.

First Presbyterian

Church Food Pantry

(715) 842-2116

www.firstpreswausau.org

Church volunteers distribute food on the 2nd and 4th Tuesday of the month, 1-2pm.

Jubilee House

(715) 842-3148

A Catholic Worker House that serves a community meal in Wausau every Thursday 4:30- 6pm at Faith Christian Academy.

Marathon County

Economic Support

(888) 445-1621 or (715) 261-7500

access.wisconsin.gov

(call or log on to apply, or apply in person at Marathon County Social Services).

Administers FoodShare/Food Stamps for all eligible Marathon County residents.

Meals and More

(715) 842-0769

www.trinityonstewart.org

Offers monthly community meal and Christian fellowship, at Trinity Lutheran Church in Wausau on the 4th Wednesday of the month 4:30-6pm.

Meals on Wheels

(715) 261-6070 or (888) 486-9545

www.adrc-cw.com

Provides home-delivered meals for senior citizens who are confined to their homes, through the Aging & Disability Resource Center.

Mosinee Circle of Joy

(715) 693-2811 or (715) 693-1591

Food assistance provided to Mosinee area residents in need, by appointment only.

Ruby's Pantry

(715) 845-3146

www.rubyspantry.org

Offers a share of food (2 big laundry baskets full) for a \$20 donation on the 4th Saturday of the month 10-11:30am at Thrive Church in Wausau.

Saint Agnes Food Pantry

(715) 359-5675 (Church office)

www.stagnescatholicparish.com

Community food pantry for area residents who are in emergency need of food, 2nd Tuesday of the month 3-5pm.

Saint Florian's Food Pantry

(715) 446-3085

www.stflos.org

Food pantry for anyone in emergency need of food in Hatley, 3rd Friday of the month 9am-Noon.

Saint Paul's Food Distribution

(715) 842-3733 (Church office)

www.stpauluccwausau.org

Food distribution for people in need, while supplies last, on the 1st and 3rd Tuesday of the month 9am-Noon.

Schofield Food Pantry

(715) 359-5230

www.cityofschofield.org

Small food pantry located in front of Schofield City Hall. Anyone in need is welcome to access the pantry 24 hours/day.

Spencer C.O.M.E. (Community Outreach Meal for Everyone)

(715) 659-5158

www.stjohnsspencer.com

Free hot meal is served the 4th Tuesday of the month 5-6pm, at St. John's Lutheran Church in Spencer. Open to all.

Stratford Area Pantry

(715) 687-3126 or (715) 687-4254

Community pantry for people in the Stratford area who have emergency food needs, by pre-arrangement; please call ahead.

Summer Food Program

(715) 241-9700 ext. 2407

www.dce.k12.wi.us

D.C. Everest School District provides breakfast and lunch to children age 18 and younger during the summer months.

Summer Food Service Program

(715) 261-0800

www.wausauschools.org

Wausau School District provides breakfast and lunch meals to those 18 and under at several school locations during summer session.

Summer Meal Program

(715) 845-2582

www.bgclub.com

The Boys and Girls Club in Wausau provides breakfast and lunch during the summer, Monday-Friday, for anyone age birth to 18 years old. Breakfast is served at 7:30am, lunch served at Noon.

Sunday Community Supper

(715) 842-2116 (May leave message for

Supper Coordinator)

www.firstpreswausau.org

Volunteers from area churches serve a Sunday evening meal for community members 4-5pm, at First Presbyterian Church in Wausau.

The Neighbors' Place Food Pantry

(715) 845-1966

www.neighborsplace.org

Distributes donated and government commodity foods in Wausau 4 days a week: Monday, Tuesday, and Thursday, 10:30am-1:30pm; Wednesday 1:30-4:30pm.

The Salvation Army

(715) 845-4272

www.sawausau.org

Free Hot Lunches available for everyone on a walk-in basis Monday-Friday 11:30am-12:30pm (except holidays); Bread and Produce Distribution occurs each Monday-Friday 10:30am-3:30pm. Food Pantry is open Monday-Friday 10:30am-2:30pm

Vivent Health (formally AIDS Resource Center of Wisconsin)

(715) 355-6867

www.viventhealth.org

Provides emergency food and other emergency assistance for people with or affected by HIV/AIDS.

Wausau Area Mobile Meals

(715) 848-5848

www.wamobilemeals.com

Provides home-delivered noon meals to the elderly, convalescing, and/or disabled of any age, prepared at Aspirus Wausau Hospital.

Wesley Church Food Pantry

(715) 842-3768 (Church office)

www.wesleyumc.wausau.wi.org

Food pantry available by pre-arrangement; please call church office and speak with a staff member, or leave a message.

WIC--Women, Infants

& Children Nutrition Program

(800) 246-5743

www.healthfirstnetwork.org

Provides mothers and young children who qualify for WIC benefits with a debit card to purchase foods that meet their nutritional needs.

For additional Food Assistance resources, see FARMERS MARKETS.

FUEL ASSISTANCE

See **UTILITY AND ENERGY ASSISTANCE**

GAMBLING

See **ADDICTIONS**

HANDICAPS

See **PEOPLE WITH DISABILITIES**

HEALTH SERVICES

Aspirus Comfort Care and Hospice Services

(715) 847-2424

www.aspirus.org

Provides comprehensive hospice care for patients with terminal illness.

Aspirus Walk-In Clinics

(715) 847-2472 (Family Walk-in, Wausau)

(715) 241-5404 (Weston Clinic)

www.aspirus.org

Walk-in medical clinics for minor ailments and injuries.

Aspirus Wausau Hospital

(715) 847-2121

www.aspirus.org

Local hospital providing community education programs as well as hospital services.

BadgerCare Plus

(888) 445-1621 or (715) 261-7500

access.wisconsin.gov

(call or log on to apply, or apply in person at Marathon County Social Services). Public assistance program that provides health coverage to income-eligible individuals, families, and children.

Benedictine Living Community

(715) 675-9451

www.blcwausau.org

Nursing home and rehabilitation facility in Wausau.

Blood Pressure Checks

(715) 355-6763

Free blood pressure checks at the Fire Dept. in Rib Mountain, and free blood pressure checks at the Weston Public Safety Building provided by South Area Fire and Emergency Response District.

Bridge Community Health Clinic

(715) 848-4884

www.bridgeclinic.org

A primary care clinic providing general medical, dental, and counseling services to all patients, regardless of their insurance status. Sliding fee scale for income-eligible patients.

Certified Application Counselors

Provides information and assistance to individuals, families, and small business owners on how to navigate and enroll in the Health Insurance Marketplace. The following agencies have Certified Counselors available to the general public:

*Aspirus locations

(888) 620-1555

* Bridge Community Health Clinic

(715) 848-4884

* Family Health Center of Marshfield

(715) 221-5700

Colonial Center

(715) 223-2352

www.colonialhc.org

Nursing home and rehabilitation facility in Colby.

Colonial Manor Medical and Rehabilitation Center

(715) 842-2028

www.bay-colonial.com

Nursing home and rehabilitation facility in Wausau.

Compassus Hospice Services

(800) 398-1297 or (715) 204-3440

www.compassus.com

Provides comprehensive hospice care and specialized support to people who have a life limiting disease and their families.

Dental Hygiene Clinic

(715) 803-1585

www.ntc.edu

Dental Hygiene students at NTC provide basic teeth cleaning services, X-rays, and sealants.

Family Planning Only Services

(888) 445-1621 or (715) 261-7500

access.wisconsin.gov

(call or log on to apply, or apply in person at Marathon County Social Services). Provides limited benefits relating to family planning services for low-income women and men age 15 and older.

Free Blood Pressure Screening

(715) 848-2927

www.unitedwaymc.org/rsvp.htm

Volunteer nurses provide free blood pressure screening monthly at sites throughout Marathon County, through United Way RSVP.

Free Mammography and Breast Cancer Screening Services

(715) 847-2380 or (800) 847-4707

www.aspirus.org

Free mammograms and breast-related diagnostic services for women and men without health insurance or a high deductible and co-pay, through Aspirus Wausau Hospital.

Health Insurance Marketplace

(800) 318-2596

www.healthcare.gov

Provides information about health insurance options, subsidies and available tax credits for health insurance, and the option to sign up for a health insurance plan through the Affordable Care Act.

Healthfirst Network

(800) 246-5743

www.healthfirstnetwork.org

Offers affordable health care and education. Services include pregnancy testing, STD testing, pap and pelvic exams, contraception, testicular exams, and natural family planning instruction.



2.1.1

Get Connected. Get Help.™

Get connected to United Way's 211 via text message

Text your zip code to 898211

Available Monday - Friday, 8am - 4pm

Free, Confidential Information and Referral to Local Community Resources

Hmong & Spanish Communication Network (H2N)

(715) 842-8390

Collaborates with public health organizations, health systems, resource agencies, and community organizations to provide Hmong and Hispanic communities with resources and tools to better withstand the COVID-19 pandemic and address health needs.

Inclusa

To enroll, call the Aging & Disability Resource Center at (715) 261-6070 or (888) 486-9545 (877) 622-6700 (For current enrollees)

www.inclusa.org

This organization offers a long-term care benefit package to seniors and adults with physical or developmental disabilities who are residents of Marathon County.

Interim Healthcare

(715) 842-7707

www.interimhealthcare.com/wausau

Provides both hospice and palliative care services, as well as home health care, nursing, and respite care.

Marshfield Clinic – Urgent Care

(715) 847-3000 (Wausau Center)

(715) 393-1000 (Weston Center)

www.marshfieldclinic.org

Walk-in medical clinics for minor ailments and injuries.

Marshfield Medical Center

(715) 393-3000

www.marshfieldclinic.org/weston-hospital

Local hospital providing community education programs as well as hospital services.

Medicaid Program (M.A.)

(888) 445-1621 or (715) 261-7500

access.wisconsin.gov

(call or log on to apply, or apply in person at Marathon County Social Services). Medicaid is a state/federal program that provides health coverage for Wisconsin residents that are elderly, blind, or disabled (EBD).

Mount View Care Center

(715) 848-4300

www.norcen.org/skilled-nursing

Nursing home in Wausau.

Needle Exchange Program

(715) 355-6867

www.viventhealth.org

Program to prevent HIV infection and AIDS in injection drug users by providing clean needles or syringes in exchange for used ones. Program includes HIV prevention education, overdose training, counseling, testing and referrals for drug treatment through Vivent Health (formerly the AIDS Resource Center).

Pride Therapy & Living Campus

(715) 298-3833

Assisted living and rehabilitation facility.

Rennes Health

and Rehab Center

(715) 393-0400

www.rennesgroup.com

Nursing home and rehabilitation facility in Weston.

Retirement Well-being Series

(715) 848-2927

www.unitedwaymc.org/rsvp.htm

United Way RSVP of Marathon County provides free monthly informational and social programs that help plan for a meaningful and fulfilling retirement.

Seniors Eyecare

(877) 887-6327

www.aao.org/eyecare-america

Participating doctors provide medical eye exams for eligible senior citizens.

Vision USA--

The Wisconsin Project

(608) 824-2200

www.woa-eyes.org/vision-usa-public

Provides free eye exams to children from qualifying families, through the Wisconsin Optometric Association.

One of the **most** important things crisis care can provide... *Hope.*



A mental or behavioral health emergency can come in any form, at any time, at any age. Where can you turn for support and hope? Here. North Central Health Care will help assess your situation and ensure you receive the support, counseling and resources you need. No one should have to manage a crisis alone.

There is hope. We are confident.



North Central Health Care

www.norcen.org/Crisis

NCHC Crisis and Emergency Services are available to people of ALL AGES, 24 hours a day, 7 days a week by phone and walk-in. No appointment needed.

24-Hour Crisis & Suicide Prevention Hotline 1.800.799.0122 or 715.845.4326
24-Hour Crisis Center – 1100 Lake View Drive, Wausau | Serving Marathon, Lincoln and Langlade Counties

Wausau Free Clinic

(715) 869-4922
<http://www.wausaufreeclinic.com>
Medical services for uninsured and underinsured, low-income patients, including primary care for acute and chronic conditions, limited free or discounted medications as resources allow, and some minor labs, at First Presbyterian Church.

Wausau Manor Nursing Home

(715) 842-0575
Nursing home and rehabilitation facility in Wausau.

Wausau V. A. Medical Clinic

(800) 872-8662
Provides primary medical care and mental health counseling for veterans only.

Well Badger Resource Center

(800) 642-7837
<https://wellbadger.org>
Provides public health information and referral to services for health care services including WIC, BadgerCare Plus, Wisconsin Well Woman, services for children and youth with special health care needs, and mental health services.

Wisconsin Medicaid/BadgerCare Plus Member Services

(800) 362-3002
<http://dhs.wisconsin.gov/medicaid>
Staff at this hotline can answer questions from Medicaid (Medical Assistance) and BadgerCare Plus members about their coverage, billing, and prior authorization, or make appropriate referrals.

Wisconsin Well Woman Program

(715) 345-5776
www.co.portage.wi.us
Provides preventive health screening services to women ages 45-64 who have little or no health insurance. Services include mammograms, pap tests, and pelvic exams.

For additional Health Services resources, see PRESCRIPTION ASSISTANCE.

HOME PURCHASE ASSISTANCE

Habitat for Humanity of Wausau

(715) 848-5042
www.habitatwausau.org
Eligible low-income families may apply their "sweat equity" toward owning a home built with volunteers.

Wausau Community Development Department

(715) 261-6682
www.wausaudevelopment.com
Helps people learn how to find a home to buy, and offers down payment assistance for eligible persons who buy a home in the City of Wausau.

Wisconsin Rural Development

(715) 345-7611
www.rd.usda.gov/wi
Guaranteed Rural Housing Program for low income applicants in rural areas who are unable to get a conventional loan from a bank.

HOUSING ASSISTANCE

Abbotsford Housing Authority

(715) 223-4631
Provides federally subsidized housing in Abbotsford.

Vivent Health (aka ARCW)

(715) 355-6867 or (800) 359-9272
www.viventhealth.org
Provides rent and other emergency financial assistance for people with or affected by HIV/AIDS.

DIAL 211

Free, Confidential
Information and Referral
to Local Community
Resources.

Available 24 hours a day,
7 days week.

**ONE NUMBER.
ONE EASY WAY TO
FIND HELP.**

Email: askus@unitedwaymc.org
Online at: www.unitedwaymc.org

2-1-1
Get Connected. Get Help.™

Atrium Lofts

(715) 843-7799

www.paramark.us

Loft-style apartments in Wausau, some units are reserved for income-eligible tenants.

Catholic Charities – Saint Lawrence Community Services

(715) 849-3311 or (866) 849-3311

www.cclse.org

Program participants receive case management services that may lead to rent payment assistance.

Diamonds Edge and Diamond View Apartments

(formerly Randolph Court)

(715) 675-7979

Housing unit subsidized by HUD (Housing & Urban Development).

East High Townhouses

(715) 849-8230

www.wausautownhomes.com

Select fixed rent units in the renovated East High School are reserved for Section 42 income-eligible tenants. Please call for details.

Emergency Assistance Program

(800) 771-8420

Needy families with a child that have a current emergency of homelessness, impending homelessness, energy crisis, fire, flood or natural disaster, may apply to receive Emergency Assistance to help keep their home.

Emergency Housing Assistance Funds (EHAF)

Emergency rent payment assistance is administered locally by a collaboration of human service agencies for area residents who would otherwise be homeless. The general public may contact ONE of these agencies for an appointment:

* North Central Community Action Program (NCCAP): (715) 842-0681 (Wausau Area)

* Catholic Charities - Saint Lawrence Community Services: (715) 849-3311

* The Salvation Army: (715) 842-4272

* The Women's Community: (715) 842-5663 (Victims of abuse only)

Federal Building Lofts

(715) 843-7799

www.paramark.us

Loft style apartments in the renovated Federal Building are reserved for income-eligible tenants.

Homeowner's HOPE™ Hotline

(888) 995-4673

www.995hope.org

Counselors can assess callers' current situations, provide advice about alternatives available to them, and assist them in developing a plan to address the situation

(each situation is viewed individually and possible outcomes vary for each caller depending on their specific situation).

Marathon County Veterans Service Office

(715) 261-1141

www.co.marathon.wi.us/Departments/Veterans.aspx

Emergency temporary assistance for rental or utility assistance may be available for veterans depending on individual circumstances.

Homelessness And Housing Needs Screening

715-842-0681

outreach@nccapinc.com

Individuals and families who are homeless or at risk of homelessness may contact North Central Community Action Program to be screened for eligibility for housing and homelessness prevention programs. Screening is not a guarantee of availability of housing programs.

Rural Housing

(888) 400-5974

www.wisconsinruralhousing.org

Provides assistance for those in rural counties with a security deposit or a past due rent payment, mortgage, and property taxes when local funding options have been exhausted.

Terrace Heights Apartments

(715) 393-4544

www.accmangementgroup.com

50 unit apartment subsidized for low income housing.

Trolley Quarter Flats

(715) 843-7799

www.paramark.us

Units in a renovated historic trolley barn in Wausau are reserved for income-eligible tenants. Please call for details.

Wausau Community Development Authority

(715) 261-6687

www.ci.wausau.wi.us

Handles Section 8 Housing Assistance, "Scattered Site" Public Housing, and Senior/Handicapped Housing at Riverview Towers and Riverview Terrace.

Wisconsin Help for Homeowners

(715) 842-0681

<https://homeownerhelp.wi.gov>

Offers financial assistance for homeowner's including mortgage assistance, property tax payments, lot rent, land contract payments, and utility assistance.

HOUSING FOR SENIORS & PEOPLE WITH DISABILITIES

To learn about group homes and subsidized rental housing for seniors and people with disabilities, call United Way's 211 any time, day or night.

Dial 211 or (715) 848-2255 or toll-free (800) 922-5590

Email askus@unitedwaymc.org

Search online at www.unitedwaymc.org/211

Text 898211 Monday-Friday 8am-4pm

Chat with a specialist Monday-Friday 8am-12 Noon.

IMMIGRANT SERVICES

Catholic Charities

Immigration Services

(715) 849-3311

www.cclse.org

Visiting attorney and/or immigration case managers offer assistance with family-based immigration issues during monthly appointments in the Wausau office.

English Language

Learner Services

(715) 803-1152

www.ntc.edu

Offers English language instruction for non-English speaking adults, at NTC.

Hmong & Spanish

Communication Network (H2N)

(715) 842-8390

Collaborates with public health organizations, health systems, resource agencies, and community organizations to provide Hmong and Hispanic communities with resources and tools to better withstand the COVID-19 pandemic and address health needs.

Latinx Advocate

(715) 842-5663 (Office)

(715) 842-7323 (24 Hour Support Line)

(888) 665-1234 (Toll Free)

www.womenscommunity.org

Provides specialized services to Spanish-speaking victims of sexual and domestic abuse, labor and sex trafficking victims, offered through The Women's Community.

Migrant Project

(855) 947-2529 (Madison)

www.legalaction.org

Helps migrant, seasonal farmworkers or dairy workers with civil legal problems, through Legal Action of Wisconsin.

Refugee Cash Assistance

(855) 733-1311

RCA is a starting place for new refugees who are not eligible for W-2, SSI or Match Grant. For refugees who enroll in an employment program at The Job Center, assistance is available for the first eight months they are in the country.

Southeast Asian Program (SEAP)

(715) 842-5663 (Office)
(715) 842-7323 (24 Hour Support Line)
(888) 665-1234 (Toll Free)

www.womenscommunity.org
Specialized services to Southeast Asian victims of sexual and domestic abuse, labor and sex trafficking victims, offered through The Women's Community.

U. S. Citizenship and Immigration Services

(formerly Immigration & Naturalization Service--INS)
(800) 375-5283

www.uscis.gov/portal/site/uscis
Provides information and assistance with immigration services, establishing residency and the process to become a citizen, and obtaining a Green Card which is required for alien residents to work in the United States.

IN-HOME CARE & RESPITE

Aspirus at Home

(715) 847-2600 or (800) 600-8296
www.aspirus.org/ourservices

Provides short-term skilled home care services that allow a person to remain at home.

Compassus Home Health

(800) 397-0270
www.ascensionathome.com

State-licensed home health and personal care agency. Provides nursing, home health aide, and therapy services.

Faith in Action-Marathon County

(715) 848-8783
www.faithinactionmarathoncounty.org

Volunteer help for the elderly whose needs are not currently being met by, or who do not qualify for, existing services. Services offered include food pantry delivery.

Interim Healthcare

(715) 842-7707 ext. 113
www.interimhealthcare.com

State-licensed home health and personal care agency for short or long-term needs. Offers nursing, hospice, personal care, and several therapy services.

Personal Assistant Services

(715) 344-4210 (Stevens Point)
www.milc-inc.org

Offers in-home services, ranging from personal needs to simple household tasks, for people with a disability, through Midstate Independent Living Choices.

Tongxeng Personal Home Care

(715) 298-9130
www.tongxenghomecare.com
Personal care workers provide in-home supportive care for those who are Medicaid eligible.

Tyler's Home for Kids

(715) 847-1175
www.oppincwi.org
State-licensed group foster care home offers respite services on a 24-hour basis for families of children with special needs, through Opportunity, Inc.

Universal Home Health Care

(715) 298-9307
www.uhhci.com
State-licensed in-home personal care agency providing services for individuals who are physically and cognitively challenged.
NOTE: Non-regulated in-home care providers may also be available in the Yellow Pages of the phone book or on-line, for example at www.YellowPages.com. You may learn more by calling the providers listed to compare services and fees.

JAIL TRANSITION

The Open Door

(715) 848-4044
www.opendoorofmarathoncounty.com
Volunteers provide support for inmates upon release from jail or prison, including clothing and footwear, toiletries, life skills training, and job readiness training at Saint Paul's Community Center in Wausau.

LANDLORD/TENANT

Consumer Protection Hotline

(800) 422-7128 (Madison)
<http://datcp.wi.gov>
State consumer protection agency handles landlord/tenant complaints.

Environmental Health and Safety Program

(715) 261-1900
www.co.marathon.wi.us/Departments/HealthDepartment.aspx
Marathon County Health Department investigates local landlord problems involving heat, sanitation, and pest control.

Tenant Resource Center

www.tenantresourcecenter.org
Provides information regarding tenant and landlord concerns, such as eviction and repairs.

LEGAL ASSISTANCE

Aging & Disability Resource Center of Central Wisconsin

(888) 486-9545
www.adrc-cw.org
Resource Specialists help seniors age 60 and older and adults with disabilities understand their government benefits and consumer rights.

Justice Systems Program

(715) 842-5663 (Office)
(715) 842-7323 (24 Hour Support Line)
(888) 665-1234 (Toll Free)
Provides support and advocacy for domestic abuse and sexual assault victims, stalking, and human trafficking victims engaged in the criminal justice or civil legal systems and assistance with restraining orders for victims only, through The Women's Community.

Lawyer Referral

and Information Service

(800) 362-9082
www.wisbar.org
Legal hotline that refers callers to a lawyer dealing with their type of legal situation, through the State Bar of Wisconsin.

Modest Means Referral Program

(800) 362-9082
www.wisbar.org
State Bar of Wisconsin helps connect clients whose income is too high to qualify for free legal aid, but too low to pay an attorney's regular fees, with a lawyer who has agreed to consider certain cases at a reduced rate.

Public Defenders Office

(715) 842-1603
www.wisspd.org
Legal counsel to low-income residents who have been accused of criminal activity.

Wisconsin Judicare

(715) 842-1681
www.judicare.org
Legal aid for low-income residents of the northern 33 counties in WI, as well as 11 federally recognized tribes for a variety of legal issues.

LGBTQ+

LGBTQ+ Support & Advocacy

(715) 842-5663

www.womenscommunity.org

Provides members of the LGBTQ+ community confidential support and advocacy especially around issues of experiencing harm in relationships/intimate partner violence, sexual assault, family violence, or community violence through The Women's Community.

PRISM Program

(414) 336-7974

www.mhawisconsin.org/prism

PRISM (Peer Recovery in Supportive Mutuality) program connects LGBTQ+ youth in Wisconsin with trained peer specialists who can provide mental and emotional support and mentorship, through Mental Health America of Wisconsin.

Room to Be Safe

Anti-Violence Program

(414) 856-5428

www.roomtobesafe.org

Statewide anti-violence program serving LGBTQ survivors of intimate partner, sexual, hook-up, and hate violence. Provides counseling/advocacy, information and referral, safety planning, and ongoing support.

Trans Lifeline

(877) 565-8860

www.translifeline.org

Provides 24/7 peer counseling and support for transgender people experiencing a crisis and/or struggling with their gender identity.

Trevor Lifeline

(866) 488-7386 or Text "START" to 678-678

www.thetrevorproject.org

Operates a 24-hour crisis and suicide prevention helpline for lesbian, gay, bisexual, transgender, and questioning (LGBTQ) youth.

LIBRARIES

Marathon County Public Library

(715) 261-7200

www.mcpl.us

Public library system serves Marathon County residents with branches in:

Athens (715) 257-7292

Edgar (715) 352-3155

Hatley (715) 446-3537

Marathon City (715) 443-2775

Mosinee (715) 693-2144

Rothschild (715) 359-6208

Spencer (715) 659-3996

Stratford (715) 687-4420

Wausau (715) 261-7200

Homebound services available for those with disabilities that prevent them from visiting the library.

LITERACY

Marathon County

Literacy Council

(715) 679-6170

www.mclitofwausau.org

Tutors provide free one-on-one literacy instruction for adults throughout Marathon County and surrounding areas. Help in the following areas: reading, writing, finance, and English language learning.

NTC's College Prep Center

(715) 803-1152

www.ntc.edu

Services available to adult learners include help with basic literacy skills.

MENTAL HEALTH SERVICES

NOTE: To learn more about counseling options in your area of interest, call United Way's 211 any time, day or night.

Dial 211 or (715) 848-2255 or toll-free (800) 922-5590

Email askus@unitedwaymc.org

Search online at: www.unitedwaymc.org

Text 898211 Monday-Friday 8am-4pm

Chat with a specialist Monday-Friday 8am-12 Noon.

Achieve Center

(715) 845-4900

www.uachievecenter.com

ACS Clinical Services

(715) 848-3202

www.correctionalservices.org

Affiliated Family

Psychiatry of Wausau

(715) 842-8600

Behavioral Health Clinic

(715) 842-9500

www.wibehavioralhealth.com

Bridge Community

Health Clinic Counseling

(715) 848-4884

www.bridgeclinic.org

Caring Tree Children's

Counseling Center

(715) 301-0667

www.caringtree.us

Center for Human Development

(715) 842-0944 or (800) 236-3792

www.chdevelopment.org

Centre for Well-Being

(715) 848-5022

www.centreforwellbeing.net

Charis Counseling

(715) 848-0525

www.chariscounselingwi.com

Child and Family Counseling

(previously Children's Service Society)

(715) 848-1457

www.childrenswi.org

Compass Counseling

(715) 298-6364

www.compasscounsels.com

Dix & Gillette Counseling

Services

(715) 675-3888

Elmergreen Associates

(715) 845-7175

www.elmergreen.com

Evans Counseling

(715) 849-3988

www.evanscounseling.net

North Central Health Care

Outpatient Mental Health

(715) 848-4356

www.norcen.org

Peaceful Solutions Counseling

(715) 675-3458

www.peacefulsolutions.org

Veteran's Outreach

(800) 872-8662 (For referral to Wausau V. A. Clinic)

Wausau Vet Center

(715) 842-1724

www.vetcenter.va.gov

PARENTING

Children's Wisconsin

Family Resource Center

715-848-1457

www.chw.org

Provides parenting education, support, and workshops throughout Marathon County. Children's also offers parenting classes, short-term, in-home parenting support, and warmline services free of charge for all Marathon County residents. Start Right home visiting program is also available for eligible families.

Marshfield Medical Center -

Weston

715-393-3093

www.marshfieldclinic.org/locations/weston-marshfield-medical-center/birthing-services
Programs available to new parents include infant care basics/infant safety, and breastfeeding classes.

MOPs Program

(715) 842-5683
www.highlandcommunitychurch.com
Group for mothers of infant-kindergarten aged children, to celebrate motherhood, meet needs, make connections and celebrate God's love through relationships and resources, at Highland Community Church.

Start Right Programs

(715) 261-1900
www.co.marathon.wi.us/Departments/HealthDepartment.aspx
Provides family support, case management and coaching for families from pregnancy to age 5.

Women's Health Birthing Center

(715) 847-2380 (Aspirus Information Center)
www.aspirus.org
Programs available to new parents include childbirth preparation, perinatal education, and parenting.

PEOPLE WITH DISABILITIES

ABC for Health

(800) 585-4222
www.safetyweb.org
Offers legal advocacy and benefits counseling on a sliding fee scale for families of children with special health needs.

Aging & Disability

Resource Specialists

(888) 486-9545
www.adrc-cw.org
Serves as the initial contact for resources that prevent, delay, and lessen the impacts of aging and disabilities in the lives of adults.

Central Housing Region

Community Development

Block Grant

(608) 847-7309
Provides deferred homeowner rehabilitation loans at 0% interest for income-eligible residents to make their home handicapped accessible.

Central Wisconsin

Autism Society

(920) 558-4602
www.autismgreaterwi.org/find-local-affiliate/
Provides a source of information and support for parents, caregivers, and individuals trying to understand Autism Spectrum Disorder.

Children and Youth with Special Health Care Needs

(715) 261-1906
Email: specialneedsinfo@co.marathon.wi.us
www.northernregionalcenter.org
Provides health benefits counseling, service coordination, and advocacy for local families of children with special health care needs and the providers who serve them, through the Marathon County Health Department.

D. C. Everest Area Schools'

Pupil Services and Special Education

(715) 359-4221 ext. 1253 (Special Education)
Provides educational services for school-aged children with disabilities in the D.C. Everest Area Schools.

Goodwill Industries of

North Central Wisconsin

(715) 355-6086 (Weston)
(715) 355-9452 (Rib Mountain)
www.goodwillncw.org
Provides work experience for people with special needs.

Homme Adult Day Center

(715) 845-1214 ext. 310
www.homme.org
Offers social and recreational activities for people with Alzheimer's disease, dementia, or other frailties of aging. Services available Monday-Friday, 8am-4:30pm.

Inclusa

To enroll, call the Aging & Disability Resource Center at: (715) 261-6070 or (888) 486-9545
www.inclusa.org
Coordinates cost-effective and individualized long-term care supports through Wisconsin's Family Care Program, to seniors and adults with physical or developmental disabilities who are residents of Marathon County.

Interim Health Care

(715) 842-7707 ext. 113
www.interimhealthcare.com
State-licensed home health and personal care agency for short or long-term needs. Offers nursing, hospice, personal care, and several therapy services.

Marathon County Birth to Three

(715) 261-6580
www.mcse.k12.wi.us
Provides coordinated services for infants and toddlers who experience atypical development or developmental delays, through Marathon County Special Education.

Marathon County Department of Special Education

(715) 261-1980
www.mcse.k12.wi.us
Offers educational services for school-aged children with disabilities in rural Marathon County.

Meals on Wheels

(888)486-9545
www.adrc-cw.org
Provides home-delivered meals to seniors who are confined to their homes because of illness or disability and are unable to easily prepare a meal for themselves, through the Aging and Disability Resource Center.

Metro Ride Paratransit

(formerly WATs+)
(715) 842-9287
http://ci.wausau.wi.us/Departments/metroride.aspx
Provides non-emergency, specialized transportation for people who are physically or cognitively unable to use a standard transit bus, anywhere in the Metro Ride service area.

Midstate Independent Living

Choices

(715) 344-4210 ext. 238
www.milc-inc.org
Services available to people with disabilities of all ages, include Information & Referral, Advocacy, Independent Living Skills Training, Assistive Technology, Peer Support, and Representative Payee.

Mosinee Community

Development Block

Grant Program

(800) 762-0665 or (715) 752-4620
Offers revolving loan funds for City of Mosinee residents that include help making a home handicap-accessible.

Mosinee School District's

Pupil Services

(715) 693-2530
www.mosineeschools.org
Educational services for school-aged children with disabilities starting at age 3, in the Mosinee School District.

North Central Health Care

(715) 848-4600 (Main switchboard)
(715) 848-4417 (Registration)
www.norcen.org
Provides rehabilitation, community support, case management, and vocational services for people with developmental disabilities and chronic mental illness.

Northern Valley Industries

(715) 845-7316

Provides services designed for people with disabilities to reach his or her highest level of vocational achievement.

Office for the Blind and Visually Impaired

(888) 879-0017

Provides training to help blind/visually impaired people to gain or regain independence.

Office for the Deaf and

Hard of Hearing

(855) 359-5252

Offers information, referral, support and training for people who are deaf, deaf-blind, or hard of hearing.

Opportunity, Inc.

(715) 842-8700

www.oppincwi.org

Provides assistance for children and adults with disabilities, and their families, including Advocacy, Respite, and Assisted Living.

Rainbow's End

(715) 847-2000 ext. 53488

www.aspirus.org

Day camp for young people ages 5 - 21 with developmental or physical disabilities, through Aspirus Wausau Hospital.

Regional Library for the Blind & Physically Handicapped

(715) 261-7248

www.mcpl.us/services/homebound

Provides "Talking Books" and players free to visually impaired and to qualified physically impaired persons, through the Marathon County Public Library.

Shared Blessings

(715) 432-4799

www.sharedblessingskids.org

Provides and host community events at various locations for Special Needs Families to meet for playgroups, therapy, and networking.

Social Security Administration

(800) 772-1213 or (855) 269-9186

www.ssa.gov

Federal program provides monthly income for people who qualify as having a disability.

Stable Hands

(715) 359-6046

www.stablehandstherapy.com

Offers equine therapies and activities for people with special needs.

Telephone Equipment

Purchase Program (TEPP)

(608) 266-5481

<https://psc.wi.gov/Pages/Programs/TEPP.aspx>

Individuals can get a voucher to purchase telecommunications equipment necessary for affordable access to essential, basic telephone services.

Transition Services

(888) 486-9545

www.adrc-cw.org

Specialists at the Aging & Disability Resource Center can connect with children nearing adulthood to determine what services they may be eligible for as an adult.

Tyler's Home for Kids

(715) 847-1175

www.oppincwi.org

Facility offers respite services on a 24-hour basis for families of children with special needs.

Village of Athens Community Development Block Grant Program

(715) 257-9170

www.athenswis.com

Village of Athens residents may be eligible for a revolving loan fund to make homes handicap-accessible.

Village of Marathon Community Development Block Grant Program

(715) 443-2221

Village of Marathon residents may be eligible for a loan to make their homes handicap-accessible.

Village of Spencer Community Development Block Grant Rehab Loan

(715) 659-5423

Village of Spencer residents may be eligible for a revolving loan fund that offers deferred payment for making a home handicap accessible.

Wausau Area Mobile Meals

(715) 848-5848

www.wamobilemeals.com

Provides home-delivered noon meals to the elderly, convalescing, and/or disabled of any age, prepared at Aspirus Wausau Hospital.

Wausau Community Development Department

(715) 261-6682

www.wausaudevelopment.com

City of Wausau property owners may be eligible for Homeowners' Rehabilitation loans to make their homes handicap-accessible.

Wausau Outreach Center for the Blind and Visually Impaired

(715) 842-0769

www.trinityonstewart.org

Provides opportunities to network and experience fellowship for blind or visually impaired members of the community, at Trinity Lutheran Church.

Wausau School District's Special Education Services

(715) 261-0500

www.wausauschools.org

Provides educational services for school-aged children with disabilities in the Wausau School District.

Wisconsin Department of Transportation

(800) 924-3570 (Statewide Information Center)

(608) 266-3041 (Special Plates)

Processes Handicap Parking Cards for area residents with disabilities.

Wisconsin Division of Vocational Rehabilitation (DVR)

(715) 261-8760

www.dwd.wisconsin.gov/dvr

Helps people with disabilities enter or reenter the job market, at the Job Center.

Wisconsin Lions Camp (Camp Rosholt)

(715) 677-4969 ext. 319 (Rosholt)

www.wisconsinlionscamp.com

Outdoor center and camp for visually and hearing impaired youth and adults, mildly cognitively disabled youth, and children with diabetes.

Wisconsin Relay System

(800) 947-3529 (For hearing impaired callers)

(800) 676-3777 (For hearing callers), or call 7-1-1

www.wisconsinrelay.com

Telephone relay service for Wisconsin residents who are deaf, hard of hearing, blind, with cognitive issues, or speech-disabled.

Wisconsin Rural Development

(715) 345-7611

www.rurdev.usda.gov/wi

Provides grants for very low-income elderly in rural areas, include payment for making a home handicap-accessible.

WisLoan Program

(715) 344-4210 Ext 238 (Stevens Point)

www.milc-inc.org

Offers loans to help purchase assistive technology or adaptive equipment, or make accessibility modifications to homes, through Midstate Independent Living Choices.

PERSONAL NEEDS & HOUSEHOLD GOODS

Aging and Disability Resource

Center Loan Closet

(888) 486-9545

www.adrc-cw.org

Provides temporary loan of medical equipment for seniors or people with disabilities. Accepts donated equipment in good shape.

Back to Basics and

Bare Necessities

715-432-0792 Email:

workplacevolunteercouncilmc@gmail.com

Workplace Volunteer Council members collect, store, and distribute personal hygiene items, new undergarments and socks through its Back to Basics and Bare Necessities projects to agencies with clients in need.

Career Closet

(715) 298-5712

erobinson@unitedwaymc.org

Provides donated career clothing, "business casual" clothing, accessories, and steel-toe boots to people who need attire for a job interview or newly acquired job.

Coats for Kids

(715) 845-4272

www.kiwaniswausau.com/events

Donated new or gently used winter coats, hats, boots, mittens, gloves, snow pants, and scarves are distributed each winter by The Salvation Army.

Fill A Backpack

Fill A Need Project

(715) 432-0792

Students in grades 4K-8 who qualify for free or reduced school hot lunch receive a free backpack filled with school supplies in August for the upcoming school year, through the Workplace Volunteer Council. Participating schools distribute tickets in advance.

HELP- Health Equipment

Lending Program

(715) 843-5985

www.goodnewswei.com

Good News Project provides short-term loans of medical equipment to people in need and accepts donated medical equipment to support its missions. No residency or income restrictions.

In-Kind Donation Requests

(715) 848-5719

<http://unitedwaymc.galaxydigital.com/>

A free online bulletin board that allows community members to search for items needed by local organizations.

Ministry of Christ

Community Church

(715) 241-7335 ext. 3

www.christcc.com

Distributes donated personal hygiene items every other Friday 2-4pm.

Mt. Calvary Clothes Closet

(715) 359-4500

www.mtcalvaryrothschild.org

Provides free clothing for individuals and families in need, by appointment only. Items available depends on current donations.

Personal Needs Closet

(715) 842-2201

www.fumcwausau.org

Distributes personal hygiene items and household supplies through First United Methodist Church. Open 2nd Tuesday of the month 1-3pm; and 4th Saturday of the month 9-11am.



The SingleCare Prescription Savings Card:

- Is free for everyone – both insured and uninsured
- Covers all FDA approved prescription medications
- Is easy to use with no registration, activation or restrictions due to preexisting conditions
- Has unlimited use – show it every time you fill a prescription



Rebecca's Closet

(715) 298-5712

Email syang@unitedwaymc.org

Distributes infant and children's items to community service agencies and school staff that serve families in need.

The Babies' Place

(715) 845-1966

Provides 25% of monthly diaper need to families. Baby wipes, formula, and food offered as available. Monday – Friday, 9am-5pm

The Open Door

(715) 848-4044

www.opendoormarathoncounty.com

Provides donated clothing, footwear and toiletry items to recently released inmates. Located behind St. Paul's Church, entrance on 5th St.

Tiny Tots Closet

(715) 842-3733

www.stpauluccwausau.org

Provides diapers for those in need each Tuesday 10am-Noon at St. Paul's United Church of Christ.

Tools for School

(715) 845-4272

www.sawausau.org

The Salvation Army distributes donated school supplies to students in grades 9-12 who qualify for free or reduced school hot lunch, in August. Limited supplies available for lower level grades.

PREGNANCY SERVICES

Aspirus Wausau Family

Medicine

(715) 675-3391

www.aspirus.org

Provides care for pregnant women who have no means to pay to see a resident physician for OB care.

BadgerCare Plus

(888) 445-1621

access.wisconsin.gov

(call or log on to apply)

BadgerCare Plus is a state/federal program that provides health coverage for income-eligible pregnant women.

Catholic Charities

Pregnancy Services

(715) 849-3311 ext. 1721, or

(866) 849-3311

www.cclse.org

Provides free and confidential support services to pregnant women and other people affected by an unplanned or crisis pregnancy.

Family Birth Center

(715) 393-3000

www.marshfieldclinic.org/locations/weston-marshfield-medical-center/birthing-services
Programs available to new parents include childbirth preparation, perinatal education, and parenting education.

Hannah Center

(715) 387-6300

www.hannahcenter.com

Residence for pregnant women provides resources to help get lives back on track by finding emotional and financial independence through educational and employment opportunities.

HealthFirst Network

(800) 246-5743

www.healthfirstnetwork.org

Pregnancy testing and education available on a sliding fee scale.

Hope Life Center

(715) 843-4673 (Voice and text)

www.hopewi.org

Offers free pregnancy testing, counseling and education for unplanned pregnancies and post-abortion services for women, men, and their families. STI testing/treatment and limited O/B ultrasound services are also available.

Start Right / Prenatal Program

(715) 261-1902

www.co.marathon.wi.us/Departments/HealthDepartment.aspx

Provides health education, resource identification and referral, and care coordination for pregnant women and families with newborns, through the Marathon County Health Department. Smoking cessation counseling also available for pregnant women.

WIC--Women, Infants &

Children Nutrition Program

(800) 246-5743

Provides mothers and young children who qualify for WIC benefits in the form of a debit card to purchase foods that meet their nutritional needs.

Women's Health Birthing Center

(715) 847-2380 (Aspirus Information Center)

or (800) 847-4707

www.aspirus.org

Programs available to new parents include childbirth preparation, perinatal education, and parenting education.

PRESCHOOLS/4K SITES

Aspirus YMCA Pre-School

(715) 841-1857

www.woodsonymca.com

Preschool classes at the YMCA in Weston.

Athens School District

(715) 257-7571

www.athens1.org

4K programming available at Athens Elementary School.

Bethlehem Community

Preschools

(715) 359-3366

www.bethlehem-preschool.com

Christian preschools.

D. C. Everest Community

Services Preschool Program

(715) 359-6563

www.dce.k12.wi.us/greenheckfieldhouse

Preschool classes through D. C. Everest Community Services for 3-5 year olds.

D. C. Everest School District

(715) 359-4221

www.dce.k12.wi.us

Offers 4K at the following sites: Aspirus YMCA Child Development Center, Bethlehem Community Preschool and Childcare, Key to Life Childcare, KinderCare, Mount Olive Lutheran Church, Head Start (Schofield), St. Therese, St. Mark, St. John, Wausau Child Care (Cedar Creek), and Weston Elementary.

Edgar School District

(715) 352-2727

www.edgar.k12.wi.us

Offers 4K at Edgar Elementary School.

Head Start

(715) 845-2947 (Wausau)

(715) 573-3698 (Weston)

(715) 693-4003 (Mosinee)

www.mccdahs.org

Federal Head Start program for 3-5 year old children from low-income families.

Key to Life Preschool

(715) 359-5451

www.keytolifeweston.org

Offers Christian preschool program.

KinderCare Learning Center

(715) 359-4118

www.kindercare.com

Includes preschool and 4K programs, in Schofield.

Marathon City School District

(715) 443-2226

www.marathon.k12.wi.us

Offers 4K classes at Marathon Area Elementary School.

Montessori School of Wausau

(715) 842-7917

Preschool.

Mosinee Preschool

(715) 693-6965

www.mosineeschools.org

Preschool for children in the Mosinee area.

GIVE HELP

Why volunteer?

- Make the world a better place!
- Build your resume and gain job experience (and references!)
- Meet important local community needs
- Meet new people, make friends, and network
- Gain new skills and real-world training
- Spread positive energy and goodwill
- Improve your health and self-esteem

Find the volunteer opportunity that's right for you:

- Search United Way Volunteer Connection's online database by interest area, date, or location at: www.unitedwaymc.org
- Call United Way's 211
- Volunteers age 55+ can call United Way RSVP at **715-298-5721** for personalized assistance

GET HELP

Call United Way's 211 when you need information about community services or volunteering, or are looking for help with a personal or family matter. We're here any time you don't know where to turn.

United Way's 211 is **free** and **confidential** and **available 24 hours a day, 7 days a week**, for non-emergency information and referral to community services. Interpreter services available.

Trained Information Specialists will answer your questions about where to find community services, who to contact, and how to take the next step toward solving your problems or meeting your needs.

Find help:

Simply dial 211 or 715-848-2255 or 800-922-5590

Text: 898211, Monday - Friday, 8am-4pm

Chat Online: Monday - Friday, 8am-12pm

Access and search the 211 database anytime, anywhere, at your own pace. Find us online at: www.unitedwaymc.org

Email your questions to: askus@unitedwaymc.org

Download or call to request one of our free resource publications.



United Way
RSVP of Marathon County
Connecting Volunteers 55+ to Community Needs

United Way
Volunteer Connection
Helping You Help Others

2022-2023 Give and Get Help Guide for Marathon County Residents
Published September 2022 by United Way of Marathon County.
705 S. 24th Ave. Suite 400B • Wausau, WI 54401 • 715-848-2927

Mosinee School District

(715) 693-2810

www.mosineeschools.org

Offers 4K at the following sites: Mosinee Preschool, Mosinee Elementary, Story Book Kids on Maple Ridge, and KM Czech Center.

Mount Olive Lutheran Preschool

(715) 359-5546 ext. 202

www.mtoliveweston.org

Christian preschool.

Mountain View Montessori

(715) 298-3832

www.mtnviewmontessori.com

Includes preschool.

Newman Catholic Schools

(715) 845-5735

www.newmancatholicsschools.com

Includes preschools at the St. Therese, St. Mark, and St. Michael Parish locations.

Our Savior's Ev. Lutheran

Church School--WELs

(715) 845-3253

www.oursaviorswausau.org

Includes preschool.

St. John Lutheran School

(715) 845-5212

www.stjohnofwausau.org

Includes pre-kindergarten Lutheran education.

St. Mark's Lutheran Preschool

(715) 848-5511

www.stmarkswausau.org

Christian preschool.

Stratford School District

(715) 687-3535

www.stratford.k12.wi.us

4K offered at Stratford Elementary.

Wausau School District

(715) 261-0265

www.wausauschools.org

Offers 4K at the following sites: G. D. Jones Elementary, Hawthorne Hills, Mountain View Montessori, Newman Catholic/St. Michaels, Riverview Elementary, Thomas Jefferson, Wausau Child Care East and West, and the Woodson YMCA.

Wipaman Ker' da Head Start

Center/Ho-Chunk Nation Head Start

(715) 253-3826 (Wittenberg)

Federal Head Start program for 3-5 year old children from Native American and low-income families in Eastern Marathon County.

Woodson YMCA Pre-school

(715) 845-2177

www.woodsonymca.com

Preschool classes at the YMCA in Wausau.

PRESCRIPTION ASSISTANCE

BadgerCare Plus

(888) 445-1621

access.wisconsin.gov

(call or log on to apply)

Prescription assistance is available to income-eligible participants of this public health coverage program.

Bridge Community

(715) 848-4884

www.bridgeclinic.org

Bridge Community Health Clinic offers reduced cost drug programs and pharmaceutical assistance

CareConnect

(800) 291-1206

<http://careconnectusa.org>

Provides a free card for discount prescriptions.

Visit website to apply and print free drug card

Health Well Foundation

(800) 675-8416

www.healthwellfoundation.org

Provides financial assistance to income eligible individuals living with chronic and life altering illnesses to assist with out of pocket costs of prescription medications co-payments.

HelpRX

(877) 839-5689

www.helprx.info

Offers discount on out of pocket prescriptions, no sign up is required, no cost associated with card or coupons

NACo Prescription Discount

Card Program

(877) 321-2652

www.nacorex.org

Prescription discount cards are available online free of charge. Marathon County participates in The National Association of Counties' discount card program to help consumers with prescription drug costs.

NeedyMeds Website

(800) 503-6897

www.NeedyMeds.org

NeedyMeds.com is a non-profit that connects people with assistance programs to help with prescription costs.

Patient Advocate Foundation

Co-Payment Relief Program

(866) 512-3861

www.patientadvocate.org/connect-with-services/copay-relief/

Provides direct financial assistance to insured patients to help pay for prescriptions and treatments.

Partnership for

Prescription Assistance

(202) 835-3400

<https://medicineassistanceetool.org/>

Helps patients who lack prescription coverage get access to nearly all existing pharmaceutical patient assistance programs through a central navigation system.

SeniorCare Prescription

Drug Assistance Program

(800) 657-2038 (Customer Service Hotline)

<http://dhs.wisconsin.gov/seniorcare/index.htm>

State program designed to help eligible Wisconsin senior citizens with their prescription drug costs.

Singlecare (formally FamilyWize)

Prescription Drug Discount Card

(844) 234-3057

www.singlecare.com

Prescription discount cards are available online free of charge. Participants simply present their FamilyWize card with each prescription to the participating pharmacy at the time of purchase to receive discounts. Participant's cost will be the discount price with the FamilyWize card OR the pharmacy's usual customary retail price, whichever is lower.

The Salvation Army

(715) 845-4272

Provides limited assistance to purchase emergency medications.

Young's Drug Store

Delivery Service

(715) 845-5203 (Bridge St)

(715) 845-3713 (Grand Ave)

This pharmacy offers prescription delivery service for a small fee.

RAPE VICTIMS

See SEXUAL ASSAULT

RECREATION

Wausau and Marathon County

Parks, Recreation and Forestry

Department

(715) 261-1550

www.co.marathon.wi.us/parks.asp

Provides parks, recreational activities, sports programs for youth, and educational programs for all ages.

Wausau Events

(715) 297-9531

www.wausauevents.org

Coordinates diverse, affordable events in the Wausau area. Annual events include Concerts on the Square, Chalkfest, Summer Kick-Off Weekend, Market Place Thursdays, Beer and Bacon Festival, Big Bull Falls Blues Fest, Harvest Fest, Winter Fest, and Holiday Parades.

Wausau/Central Wisconsin

Convention & Visitors Bureau

(888) 948-4748 or (715) 355-8788

www.visitwausau.com

Provides information about area attractions and events, and publishes the area's online Events Calendar.

For additional Recreation-related resources, see

***CHILD/YOUTH SERVICES**

***CULTURAL OPPORTUNITIES**

***LIBRARIES**

RENT ASSISTANCE

See HOUSING ASSISTANCE

RENTERS

See LANDLORD/TENANT

RUNAWAYS

Hillcrest House

(715) 298-5053

www.katsinc.org

Transitional home for teens age 12-17 who are experiencing homelessness for a variety of reasons including runaways, through Keeping Area Teens Safe (KATS).

National Runaway Safeline

(800) 786-2929

www.1800runaway.org

Delivers messages between parents and runaways, and arranges transportation back home.

SCHOOLS & COLLEGES

Abbotsford Public Schools

(715) 223-6715

www.abbotsford.k12.wi.us

4K - 12th grade public education.

Alternative High School

(715) 803-1786

www.ntc.edu

Alternative high school at NTC.

Athens School District

(715) 257-7051

www.athens1.org

4K - 12th grade public education.

Colby District Education Center

(715) 223-2301

www.colby.k12.wi.us

K - 12th grade public education.



Virtual/Remote opportunities

Lend a hand. Touch a life. *Volunteer* to create lasting change in our community.



United Way
of Marathon County

GET INVOLVED. VOLUNTEER!

Benefits of volunteering:

- Volunteering builds community
- Make new friends and contacts
- Increase your social and relationship skills
- Promote longevity
- Improves school and college experience
- Volunteering makes you happy!

Visit www.unitedwaymc.org or call 715-848-2927 to learn more.

UNITING TO THRIVE



www.unitedwaymc.org
715-848-2927 705 S. 24th Ave, Suite 400B
Wausau, WI 54401



United Way
of Marathon County

D. C. Everest Area

School District

(715) 359-4221
www.dce.k12.wi.us
4K - 12th grade public education.

Edgar School District

(715) 352-2352
www.edgar.k12.wi.us
4K - 12th grade public education.

Faith Christian Academy

(715) 842-0797
www.faithca.org
4K - 12th grade Bible-based education.

Falcon Enterprises

Alternative High School

(715) 223-0118
www.abbotsford.k12.wi.us
Alternative education for students in grades 9 - 12 who are identified as at-risk of not graduating because they are credit deficient, in Abbotsford.

Hillside Christian School

(715) 241-7722
www.hillside22.adventistschoolconnect.org
Private Christian education for grades 1-8.

Marathon City School District

(715) 443-2226
www.Marathon.k12.wi.us
4K - 12th grade public education.

Mosinee School District

(715) 693-2530
www.mosineeschools.org
4K - 12th grade public education.

Newman Catholic Schools

(715) 845-5735
www.newmancatholicsschools.com
4K - 12th grade Catholic education.

Northcentral Technical College

(715) 675-3331
www.ntc.edu
Public vocational and technical education.

Northland Lutheran High School

(715) 359-3400
www.nlhs.org
Lutheran secondary school, in Mosinee.

Our Savior's Ev. Lutheran Church School--WELS

(715) 845-3253
www.oursaviorswausau.org
4K - 8th grade Lutheran education in Wausau.

Rasmussen College

(715) 841-8000
www.rasmussen.edu
Private college in Wausau.

Spencer School District

(715) 659-5347
www.spencer.k12.wi.us
4K - 12th grade public education.

St. Anthony School

(715) 257-7541 www.stanthonyathens.com
4K - 8th grade Catholic education in Athens.
St. John Catholic Church School
(715) 352-3000 <http://www.stjohn-edgar.org/>
4K - 8th grade Catholic education in Edgar.

St. John Lutheran School

(715) 842-5212
www.stjohnofwausau.org
Pre-K - 8th grade Lutheran education.

St. Joseph Catholic School

(715) 687-4145
4K - 8th grade Catholic education in Stratford.

St. Mary's School

(715) 443-3430
www.stmarysmarathon.org
4K - 8th grade Catholic education in Marathon.

St. Peter Lutheran School

(715) 359-3020
www.stpeterschoolschofield.org
Lutheran education for K - 8th grade, in Schofield.

State College of Beauty Culture

(715) 845-2888 ext. 1
www.statecollegeofbeauty.com
Private trade school.

Stratford School District

(715) 687-4311
www.stratford.k12.wi.us
Pre-K - 12th grade public education.

Trinity Lutheran Church School-- Missouri Synod

(715) 257-7559 (School)
www.trinityathens.net
4K - 8th grade Lutheran education in Athens.

Trinity Lutheran School

(715) 842-0769
www.trinitywausau.org
4K - 8th grade Lutheran education in Wausau.

University of Wisconsin-

Stevens Point at Wausau

(715) 261-6235
www.uwsp.edu/wausau
Two-year campus of U.W.-Stevens Point, in Wausau.

Upper Iowa University-

Wausau Campus

(715) 675-2775
www.uuu.edu/wausau
Offers accelerated Associate's and Bachelor's degrees, at the NTC campus.

Wausau School District

(715) 261-0500
www.wausauschools.org
4K - 12th grade public education.

Wisconsin Valley Lutheran High School

(715) 693-2693
www.wvlhs.org
Christ-centered high-school education, in Mosinee.

SENIOR SERVICES

AARP Driver Safety Courses

www.aarp.org/families/driver_safety/
Students learn how to adjust their driving to account for current rules of the road and common age-related changes in vision, hearing, and reaction time, classes through the website

Abuse in Later Life

(715) 842-5663 (Office)
(715) 842-7323 (24 Hour Support Line)
(888) 665-1234 (Toll Free)
www.womenscommunity.org
Provides support services to victims of domestic abuse and sexual assault for ages 50+, through The Women's Community.

Aging & Disability Resource Center of Central Wisconsin

(888) 486-9545
www.adrc-cw.org
Provides screening for seniors and people with disabilities to learn what benefit programs they may be eligible for; provides a nutrition program, information and referral; and serves as a gateway for long-term care resources.

Alzheimer's Family and Caregiver Support Program

(888) 486-9545
www.adrc-cw.org
Limited financial assistance is available to reimburse caregivers for some of the costs necessary to care for a person with dementia. Typical services include in-home help, respite care, adult day care and transportation.

LIFE (Learning Is ForEver)

(715) 346-3838
<https://www3.uwsp.edu/conted/Pages/LIFE.aspx>
Learning opportunities at UWMC for adults age 50 or older.

Faith in Action of Marathon County

(715) 848-8783
www.faithinactionmarathoncounty.org
Volunteer help for senior citizens whose needs are not currently being met by existing support services includes rides to medical appointments, grocery shopping, food pantry delivery, and safety apparatus installation.

Home Safety Checks

(715) 355-6763

Free fire safety checks offered for the general public. General home safety checks also offered for the elderly, through the S.A.F.E.R. (fire department).

Homme Adult Day Center

(715) 845-1214 ext. 310

www.homme.org

Offers social and recreational activities for people with Alzheimer's disease, dementia, or other frailties of aging. Services available Monday-Friday, 8am-4:30pm.

Marathon County

Transportation Program

(715) 848-4555 (Dispatch)

(715) 841-5101 (Office)

North Central Health Care offers transportation services for people age 60 and over, or individuals of any age who are not able to walk, who are outside of 3/4 mile of a Metro Ride bus route within Marathon County. It offers transportation for medical, employment, or nutritional needs only.

NOTE FOR MEDICAL APPOINTMENT TRANSPORTATION:

* Family Care participants should contact Inclusa for more information: (715) 345-5968.

* ForwardHealth members (Medicaid and BadgerCare Plus Recipients) must instead schedule their non-emergency medical transportation through Veyo by calling toll-free: (866) 907-1493.

SeniorCare Prescription Drug Assistance Program

(800) 657-2038 (Customer Service Hotline)

<http://dhs.wisconsin.gov/seniorcare/index.htm>

State program designed to help eligible Wisconsin senior citizens with their prescription drug costs.

Senior Service Program

(920) 593-3535

www.curativeconnections.org

A "stepping stone" program to help income-eligible seniors age 55 and older gain unsubsidized employment. Participants are assigned to non-profit or government sites for up to 20 hours/week at minimum wage.

Social Security Administration

(800) 772-1213 or (855) 269-9186

www.ssa.gov

Administers Social Security, Medicare, and Supplemental Security Income benefits.

United Way RSVP of Marathon County

(715) 298-5721

www.unitedwaymc.org

Provides personalized volunteer placement opportunities for people age 55 and over.

Supplemental auto, accident and liability insurance are provided during volunteer assignment.

SEXUAL ASSAULT

Sexual Assault Victim

Services (SAVS)

(715) 842-5663 (Office)

(715) 842-7323 (24-hour support line)

(888) 665-1234 (Toll-free 24-hour support line)

www.womenscommunity.org

Provides support to victims of all ages of sexual assault, adult survivors of child sexual abuse, non-offending parents, and sexual harassment victims, through The Women's Community.

SHELTER

See EMERGENCY SHELTER

SUICIDE PREVENTION

Hopeline Text Crisis Line

741741 Text Short Code

www.centerforsuicideawareness.org/hopeline/

Confidential text service for suicide prevention and crisis intervention, through the Center for Suicide Awareness.

Suicide Prevention Line

(715) 845-4326 or (800) 799-0122,

24 hours/day

Suicide prevention and crisis intervention, through North Central Health Care.

Wisconsin Lifeline

988 or (800) 273-8255 or (800) SUICIDE

www.familyservicesnew.org/service/wisconsin-lifeline

Member-center of National Suicide Prevention Lifeline providing free, short-term telephone counseling for people of all ages.

SUPPORT GROUPS

AI-Anon

(888) 425-2666

www.area61afg.org

12-step group meetings help families and friends of alcoholics recover from the effects of living with a relative's or friend's problem drinking.

Alateen

(888) 425-2666

www.area61afg.org

A recovery program for young people whose lives have been affected by alcoholism in a family member or close friend.

Alcoholics Anonymous

(715) 503-0880 (Available 24 hours)

www.area74.org

Provides 12-step Alcoholics Anonymous meetings.

Central Wisconsin

Autism Society

(920) 558-4602

www.autismgreaterwi.org/find-local-affiliate/
Provides opportunities for individuals on the Autism Spectrum to interact socially with each other and offers a source of information and support for parents, caregivers, and individuals trying to understand Autism Spectrum Disorder.

Death of a Partner

Support Group

(715) 204-3440

ascensionathome.com

Information and support provided in a 6-week series held in the Spring and Fall to help participants cope with the death of a spouse, partner, or companion.

Domestic Violence

Survivors Support Group

(715) 842-5663 (Office)

(715) 842-7323 (24 Hour Support Line)

(888) 665-1234 (Toll Free)

www.womenscommunity.org

Support group is for all domestic violence survivors of all genders and ages, through The Women's Community.

Epilepsy Support Group

(608) 665-1848

www.epilepsywisconsin.org

Offers meetings for individuals with epilepsy and their parents, siblings, friends and spouses online, sponsored by the Epilepsy Foundation.

Family Birth Center

(866) 520-2510

www.marshfieldclinic.org/locations/weston-marshfield-center/birthing-services

Offers a variety of support and education groups for new or expecting parents.

Gamblers Anonymous

(715) 297-5317

www.gamblersanonymous.org/

Gamblers Anonymous (GA) meetings provide self-help and support for people to overcome gambling.

Getting Back to Life After Loss

(715) 847-2703

Support group for bereaved adults who are ready to move forward through education, recording memories, and searching for meaning, through Aspirus Comfort Care and Hospice Services.

Greater Wausau

Area Stroke Club

(715) 847-2827

Offers mutual help, fellowship, and information for stroke survivors, through Aspirus Wausau Hospital.

Grief Support Group

(715) 204-3441

www.ascensionathome.com

Grief support group for those that have lost a loved one. Call for current meeting times and dates.

GriefShare Program

(715) 842-0769 (Trinity Lutheran Church)

Support for people grieving the loss of someone close, offered at Trinity Lutheran Church.

Healing From Sexual Abuse

(715) 842-5663 (Office)

(715) 842-7323 (24 Hour Support Line)

(888) 665-1234 (Toll Free)

www.womenscommunity.org

Ongoing peer support group for women 18 and over impacted by sexual assault, at The Women's Community.

LEAP (Learning Essentials

About Parenting)

(715) 848-1457

Provides ongoing parent support and education through Family Resource Centers.

MOPs (Mothers of Preschoolers)

Program

(715) 842-5683

Group for mothers of infant-kindergarten aged children, to celebrate motherhood, meet needs, make connections and celebrate God's love through relationships and resources, at Highland Community Church.

Mothers of Multiples

(715) 551-9024

Facebook Group: Mother of Multiple - Wisconsin

Provides support and educational resources, and helps develop friendships between mothers of multiple birth children.

Narcotics Anonymous-North

Central Wisconsin Area

(800) 240-0276

<https://wisconsinna.org>

Offers recovery from the effects of addiction through working a 12-step program. Call or check website for current information about local meeting times and places.

National Alliance on

Mental Illness (NAMI)

(715) 432-0180

Email naminorthwoods@gmail.com

www.naminorthwoods.org

Provides community education, advocacy and support groups for people whose lives have been affected by mental illness.

Overeaters Anonymous

(715) 212-0413

www.oa.org

Support group for adults who have an addiction to food and want to stop the problem.

Parents Helping Parents

(715) 842-5663

www.womenscommunity.org

Support group for non-offending parents and caregivers of children who have been sexually abused, sponsored by The Women's Community Sexual Assault Victim Services Program.

Safe & Healthy Support Group

(715) 842-5663 (Office)

(715) 842-7323 (24 Hour Support Line)

(888) 665-1234 (Toll Free)

www.womenscommunity.org

Support group for victims of domestic and sexual abuse, financial abuse, harassment, and stalking over age 50, through The Women's Community.

Sexual Abuse Support Group

(715) 842-7323

www.womenscommunity.org

Ongoing peer support group for women 18 and over who have been sexually abused, at The Women's Community.

Suicide Survivors

Support Group

(715) 551-0966

www.preventsuicidemarathoncounty.org

Support group for survivors of suicide loss meets 3rd Tuesday of each month at Northcentral Technical College.

Teen Support Group

(715) 842-5663 (Office)

(715) 842-7323 (24 Hour Support Line)

(888) 665-1234 (Toll Free)

www.womenscommunity.org

Support group for teens impacted by teen dating violence and sexual assault for ages 13-18 of all genders, through The Women's Community.

TOPS

(Take Pounds off Sensibly)

(414) 235-4195

www.tops.org

For encouragement on sensible eating, and to share ideas that work to lose weight, log on to find local TOPS meetings.

Women Living With Hope

(715) 393-1406

Support group for women affected by breast cancer, through Marshfield Clinic.

Women's Health Birthing Center

(715) 847-2380 (Aspirus Information Center)

Offers a variety of support and education groups for new or expecting parents.

TENANTS

See LANDLORD/TENANT

TRANSPORTATION

All American Taxi

(715) 355-0899

Commercial taxi service with a discount for seniors who travel within the Wausau-Schofield-Weston-Rothschild area.

Disabled American

Veterans Van Service

(608) 504-1313

<https://dav-wi.org/rides-volunteering/dav-van-program/>

Transportation services for veterans to Tomah, Milwaukee, and Madison on an on-call basis, provided by volunteers through the Marathon County Transportation Program. Also includes rides to outpatient clinics.

Elder Sanctuary

(715) 302-0773

Services offered include medical and non-medical transportation for both ambulatory and non-ambulatory individuals.

NOTE FOR MEDICAL APPOINTMENT TRANSPORTATION:

* Family Care participants should contact Inclusa for more information: (715) 345-5968.

* ForwardHealth members (Medicaid and BadgerCare Plus recipients) must instead schedule their non-emergency medical transportation through Veyo by calling toll-free: (866) 907-1493.

Faith in Action-Marathon County

(715) 848-8783

www.faithinactionmarathoncounty.org

Volunteer help for the elderly whose needs are not currently being met by, or who do not qualify for, existing transportation services, by providing rides to medical appointments, food pantry delivery, and grocery shopping.

MENTAL HEALTH NAVIGATION GUIDE

Who to call in different situations

2-1-1



Safe/At Risk

2-1-1

Wisconsin

Call or text 2-1-1 anytime for free assistance with human, social, and basic needs, mental health or substance abuse resources and support, and for help during disaster situations.

Unsafe

988
SUICIDE
& CRISIS
LIFELINE

Call 9-8-8 for access to trained crisis counselors when experiencing thoughts of suicide, a mental health or substance use crisis or emotional distress to prevent a situation from becoming dangerous.

Danger



Call 9-1-1 to request immediate assistance from police, fire and rescue personnel for any in-progress situation that could potentially result in danger to someone's life.



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- Remote Deposit
- Rewards Credit Card
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- Low Rate Auto Loans
- Surcharge-free ATMs
- Great Mortgage Rates ... *and much more!!*

800-398-2667 • www.covantagecu.org
Wausau • Rib Mountain • Weston • Rothschild

WE WANT YOU TO JOIN OUR TEAM

SIGN ON BONUS, MONTHLY INCENTIVES, FLEXIBLE SCHEDULES, REACH OUT TO US TODAY!



roadreadytransfer.com
800-346-7691 X 122



drivemarathonmail.com
715-842-2511 X 1



Find out why our drivers are happier

169851

Marathon County Transportation Program

(715) 848-4555 (Dispatch)
(877) 814-4668 (Toll-free)
(715) 841-5101 (Office)

North Central Health Care offers transportation services for people age 60 and over, or individuals of any age who are not able to walk, who are outside of 3/4 mile of a Metro Ride bus route within Marathon County. It offers transportation for medical, employment, or nutritional needs only.

NOTE FOR MEDICAL APPOINTMENT TRANSPORTATION:

* Family Care participants should contact Inclusa for more information: (715) 345-5968.
* ForwardHealth members (Medicaid and BadgerCare Plus recipients) must instead schedule their non-emergency medical transportation through Veyo by calling toll-free: (866) 907-1493.

Metro Ride Bus Service

(715) 842-9287 (Office)
<https://metroride.ci.wausau.wi.us>
Public bus service in Wausau.

Metro Ride Paratransit

(715) 842-9287
www.ci.wausau.wi.us/Departments/metroride.aspx

Provides non-emergency, specialized origin to destination transportation for people who are physically or cognitively unable to use a standard transit bus, anywhere in the Metro Ride service area.

Northwoods Cab

(715) 393-7788
Commercial taxi service.
Safe Ride Program

Employees of any Tavern League bar or restaurant may call a cab for customers who have had too much to drink. Also known as "Last Call," this project provides a voucher for the cab driver to take customers home.

Veyo

(866) 907-1493 (To schedule a ride)
<https://wi.ridewithveyo.com/>

Staff at Veyo arrange non-emergency transportation services for people that receive Medicaid and BadgerCare Plus who have no other way of getting a ride to a medical appointment (except for those who reside in a nursing home, or who are enrolled in Family Care). May also provide transportation to pharmacies for prescriptions.

Wheels to Work

(715) 581-9283
Helps families and individuals overcome the barrier of unreliable transportation to and from work or school. Qualified applicants may receive a donated vehicle loan, or get a 0% interest vehicle repair loan.

UTILITY AND ENERGY ASSISTANCE

Vivent Health (aka ARCW)

1(800) 359-9272
www.viventhealth.org
Provides utility and other emergency financial assistance for people with or affected by HIV/AIDS.

Catholic Charities – Saint Lawrence Community Services

(715) 849-3311 or (866) 849-3311
www.cclse.org
Program participants receive case management services that may lead to help with utility assistance.

Central Housing Region Community Development Block Grant Program

(608) 847-7309
Offers 0% interest homeowner rehabilitation loans for low to moderate income families that can help with furnace replacement.

Energy Assistance Programs

(715) 842-3111
<http://homeenergyplus.wi.gov>
Offers financial assistance for utility bills for income-eligible Marathon County residents, through Energy Services.

Focus on Energy

(800) 762-7077
www.focusonenergy.com
Offers cash-back rewards for the purchase and installation of qualifying home heating equipment.

Marathon County

Veterans Service Office

(715) 261-1141
www.co.marathon.wi.us/Departments/Veterans.aspx

Emergency temporary utility assistance may be available for veterans, depending on individual circumstances.

Mosinee Community Development Block Grant Program

(800) 762-0665 or 715-752-4620
Revolving loan funds available to City of Mosinee residents, include help with furnace repair or replacement.

North Central Community Action Program (NCCAP)

(715) 842-3111
www.northcentralcap.org
Energy Conservation/Home Weatherization Program provides furnace repairs, insulation, and air duct sealing to improve energy conservation for eligible participants.

The Salvation Army

(715) 845-4272
www.sawausau.org
There are times during the year when The Salvation Army may be able to offer limited utility assistance if it will prevent a disconnection or allow a reconnection of electric and natural gas service.

Village of Athens Community Development Block Grant Program

(715) 257-9170
www.athenswis.com
Village of Athens residents may be eligible for a revolving loan fund for furnace replacement.

Village of Marathon Community Development Block Grant Program

(715) 443-2221
Homeowners in the Village of Marathon may be eligible for a loan for a furnace.

Village of Spencer Community Development Block Grant Rehabilitation Loan

(715) 659-5423
Village of Spencer residents may be eligible for a revolving loan fund that offers deferred payment for emergency furnace repair or replacement.

Wausau Community Development Department

(715) 261-6682
www.wausaudevelopment.com
Wausau property owners may be eligible for Homeowners' Rehabilitation loans for emergency furnace replacement.

VETERAN SERVICES

Disabled American Veteran Van Service

(715) 848-4555
Transportation services for veterans to Tomah and Madison on an on-call basis, provided by volunteers through the Marathon County Transportation Program. Also includes transportation to outpatient clinics.

Family Assistance Center

(800) 292-9464 Option 1 (24-hour hotline)
<http://wisconsinmilitary.org>
Provides information on entitlements and programs, and referrals for assistance, to families of veterans or service members of all branches before, during, or after a deployment.

Homeless Veterans Hotline

(877) 424-3838
www.va.gov/homeless
Connects homeless and at-risk veterans with housing solutions, health care, community employment services, and other supports.

HonorBound Foundation

(800) 521-0198
www.honorboundfoundation.org
Provides limited financial assistance for veterans and their families. Funds can be used for a variety of needs such as utility bills, assistive technology, security deposits and housing, gift cards to purchase necessities, and a variety of other assistance on a case-by-case basis.

Hotline for Federal Veterans

Benefits Information

(800) 827-1000
www.benefits.va.gov/benefits/
Processes applications and determines eligibility for all federal Veterans Administration benefits for veterans, survivors and family members.

Marathon County Veterans

Service Office

(715) 261-1141 or (800) 236-0153
www.co.marathon.wi.us
Provides help preparing claims/applications for benefits, information on VA health benefits, VA insurance, VA education benefits, burial and death benefits, and State veterans' benefits.

Montgomery-Plant-Dudley

American Legion Post 10

(715) 581-5210
www.wausaupost10.com
Volunteer veterans group provides assistance to local veterans. Services include limited financial assistance for gas or rent, physical support such as moving assistance or minor home repairs, and moral support.

Never Forgotten Honor Flights

(715) 573-8519
www.neverforgottenhonorflight.com
Honor Flight chapters nation-wide transport America's veterans to Washington, D.C. to visit the war memorials dedicated to honor their service and sacrifices.

Veterans Crisis Line

(800) 273-8255 ext. 1, or 838255 (Text)
www.veteranscrisisline.net
Connects Veterans in crisis and their families and friends with confidential support 24 hours/day.

Veterans Services

(715) 218-0006
Provides job placement assistance, employment and training, and case management for qualified veterans, at the Wisconsin Job Center.

VHA Office of Community Care

(608) 256- 1901 (Madison)
(608) 372-3971 (Tomah)
www.va.gov/communitycare
Provides information about health insurance and benefits for veterans and their families.

Vietnam Veterans of America-- Northcentral Wisconsin Chapter #479

(715) 257-1000
Group provides information to Vietnam veterans and their families, particularly regarding agent orange; post-traumatic stress disorder (PTSD); unemployment and under-employment of veterans; the plight of homeless vets; and the POW/MIA (Prisoners of War/Missing in Action) question.

Wausau V. A. Medical Clinic

(800) 872-8662
Provides primary medical care and mental health counseling for veterans only.

Wausau Vet Center

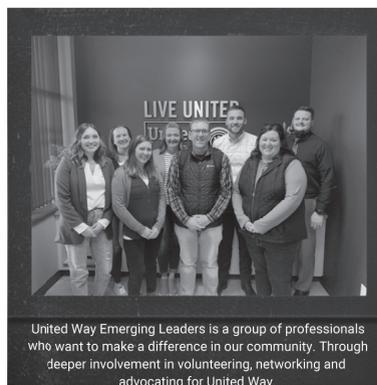
(715) 842-1724
www.vetcenter.va.gov
Provides readjustment services for returning war veterans and their family members.

Wisconsin Department of Veterans Affairs

(800) 947-8387
www.dva.state.wi.us
Provides information and assistance for WI veterans with benefits, claims, education, employment, veteran's homes, and burials.



Women United provides members with the opportunity to be part of a dynamic, philanthropic and fun organization of women leaders that care about our community.



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